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Cheyenne & Arapaho TRIBAL TRIBUNE

Volume 5, Issue 13 | www.c-a-tribes.org/tribal-news | April 1, 2010

Two agendas presented at tribal council meeting

Photo by Rosemary Stephens

Cheyenne and Arapaho tribal members sign in for the Special Tribal Council meeting on March 27, 2010 in Elk City, Okla.

By Rosemary Stephens, Reporter/Graphic Artist

A special tribal council meeting held March 27, 2010 in Elk City, Okla. opens with two different agendas.

The original agenda listed 11 proposed resolutions to be discussed. The revised agenda listed seven proposed resolutions.

Due to a court order dated March 26, 2010, George Old Crow v. Rachel Lynn, Tribal Council Coordinator, Case No. CIV-2010-0026, four proposed resolutions were prohibited from being on the original meeting agenda. The court order, in part, stated "Four of the eleven proposed Tribal Council Resolutions contain procedural flaws in violation of the requirements of the Constitution, and therefore, such Resolutions are not properly before the Tribal Council for the March 27, 2010, Special Tribal Council Meeting." The four resolutions were, a) A Resolution Approving the 2010 Budget and Appropriations Act (Alternatively, A Resolution Repealing the 2010 Budge and Appropriations Act), Bill No. 3L-RS-2010-02-04) b) A Resolution Authorizing the Removal of the Tribal Council Coordinator and Selection of an Acting Tribal Council Coordinator, c) A Resolution Repealing the Cheyenne and Arapaho Code of Ethics, Bill No. 3L-RS-2010-02-03 and d) A Resolution Approving Judicial Appointments.

After determining the 75 tribal member quorum with 78 tribal members present and the invocation, nominations for chairperson were accepted. The three nominations were Ida Hoffman, Cody Zimmer and Melvin Whitebird. Hoffman won with 88 votes.

"I see we have two different agendas, however, as chairperson I am throwing out the amended agenda and we will be voting on the 11 resolutions in the original agenda that was advertised," Hoffman said.

Hoffman called to the floor the author for the first item, "Resolution Authorizing the Removal of the Tribal Council Coordinator and Selection of an Acting Tribal Council Coordinator."

"I wrote this resolution because it has come to our attention that Rachel Lynn needs to be removed as tribal council coordinator for not doing her job," Amber Suitor-Big Horse, executive office counsel, said.

Big Horse did not list any reasons or present any documentation for removing Lynn as tribal council coordinator.

Hoffman opened the floor for discussion. Michael Kodaseet, legislative speaker, read from the Cheyenne and Arapaho tribes' Constitution referencing the tribal council coordinator position.

"I feel this resolution is unconstitutional and cannot be voted on here today," Kodaseet said. "There is also the matter of a court

*See **meeting**, page 10*

Red Earth opens new location, Yellowman named Honored One

By Dana Attocknie, Managing Editor

The Red Earth Museum and Gallery is now closer to the place where the actual Red Earth festival takes place – downtown Oklahoma City.

A grand opening exhibit art show and sale was held in the new location at 6 Santa Fe Plaza on March 22, 2010. The official ribbon cutting ceremony was held on March 23, 2010.

The Red Earth Museum first opened in 1978 and was called The Center of the American Indian. It was previously located inside the Science Museum Oklahoma (formally known as the Omniplex and before that the Kirkpatrick Center Museum).

The new Red Earth Museum and Gallery sits south of the Skirvin Hilton Hotel (corner of Park Avenue and Broadway), and now includes a sales gallery.

"Our new location will provide an outstanding venue for Oklahoma's talented Native American artists to sell their works to the public," Jonna Kauger Kirschner, Red Earth Board of Directors president, stated. "Every tribal nation has its own unique culture and heritage, and Oklahoma is home to over 39 federally-recognized tribes who were relocated to the state from all corners of the nation. People who visit our new downtown facility will find the artwork is an exciting mix of diverse styles representing many tribal cultures."

Members of the Red Earth board and staff, Oklahoma City Chamber of Commerce, Oklahoma Tourism and Recreation Department, Arts Council, donors, artists, and volunteers all took part in the ribbon cutting ceremony.

Photo by Dana Attocknie

Gordon Yellowman, Sr. offers a blessing at the ribbon cutting ceremony for the new Red Earth Museum and Gallery on March 24, 2010 in downtown Oklahoma City.

Photos by Dana Attocknie

Members of the Red Earth board and staff, Oklahoma City Chamber of Commerce, Oklahoma Tourism and Recreation Department, Arts Council, donors, artists, and volunteers all took part in the ribbon cutting ceremony on March 24, 2010.

Oklahoma State Rep. Anastasia Pittman also attended the ribbon cutting, and said she thinks, "We're going to do a great job of educating through art and history …"

"I'm excited about us preserving history," Pittman said.

After the ribbon cutting, the 2010 Red Earth Ambassador of the Year and Honored One were officially announced. Choctaw Chief Gregory E. Pyle was named the Ambassador of the Year and Gordon Yellowman, Sr. was named the Honored One.

Yellowman (Cheyenne) is the language coordinator for the Cheyenne and Arapaho tribes Department of Education.

*See **Honored**, page 13*

Photo by Dana Attocknie

Participants write down ideas for the tribes' future at the comprehensive planning meeting on March 25, 2010 in El Reno, Okla.

Planning the future

By Dana Attocknie, Managing Editor

Cheyenne and Arapaho tribal members are taking the drivers seat in planning their future.

In order to gather ideas for future developments, the tribes Office of Planning and Development hosted two comprehensive planning meetings a day on March 25 and 26, 2010 in El Reno, Watonga, Hammon and Clinton, Okla.

"The Cheyenne and Arapaho tribes are asking for your help to create a common vision for the development and management of tribally held lands. One of the most important outcomes of the plan will be to provide the steps to make your vision a reality," a comprehensive planning brochure states. "Another outgrowth of the plan will be future zoning and land development regulations, and direction priorities for roads and other capital improvements, giving us the tools to manage future growth."

The El Reno meeting started with words from Dr. Henrietta Mann. She provided a brief cultural history on how the Cheyenne and Arapaho people have always respected the land.

"We're related to everything in this environment," Mann said. "Our ancestors; they loved this land – so do we."

Mann presented a timeline of treaties signed by the tribes and reminded attendees that they're not just thinking about the tribal people who went on before them, but also about the people who will come after them.

Mann's vision for the tribal people was also shared: "We are the land. We acknowledge our relationship to the land and the legacy our ancestors entrusted to us, which is a remnant of our once vast land holdings. We envision a future of cultural wealth and wholeness where our children and elders live in prosperous and sustainable landscape that is our territory as Tsistisas and Hinono'ei."

The workshop was led by Bruce Meighen and Cameron Gloss of AECOM Design + Planning. Participants were given examples of the four phases proposed in the planning process. The first phase includes these vision workshops, phase two will have opportunity workshops in June 2010 and will consist of land suitability analysis and existing conditions assessments. Phase three will include scenarios workshops in September 2010 where participants will decide what ideas make sense and what the bigger priorities are. Phase four is the preparation stage, which will include council and board workshops, performance standards, an implementation plan and a

*See **future**, page 4*

Important information about the American Community Survey for American Indian, Alaska Natives

From www.census.gov

Why is the ACS Important to the American Indian and Alaska Native Population?

The American Community Survey reflects the population that uses a community's resources and helps communities determine where to locate services and allocate those resources.

For example, the ACS can help determine the best locations for health clinics and identify needs for job training. ACS data are used in the funding decisions by many federal programs designed to assist tribal governments. Many programs that previously used data from Census 2000 will begin to use data from the ACS.

Tribal Government Officials - We Need Your Help! The Census Bureau is asking for your help to encourage your community members to respond to the ACS. The ACS is only sent to a relatively small number of people and their responses represent their entire community. Full participation by the people who receive the survey is vital to ensuring that tribal leaders get a complete picture of their communities.

The Census Bureau's Highest Priority is Keeping Your Answers Confidential.

The Census Bureau takes extraordinary measures to protect the confidentiality of all personal information. Federal law requires that all of the information collected in the ACS be kept confidential. The data are used for statistical purposes only. Individual responses are never released to anyone, including tribal governments and programs that assist AIAN communities.

Every Census Bureau employee has taken an oath to protect this information and is subject to a jail term, a fine, or both if they disclose ANY information that could identify an individual or household. This oath, and its penalties, is binding for life, even after an employee is no longer employed by the Census Bureau.

Did You Know That the American Community Survey Can Help Manage Federal Programs and Laws Such as These?

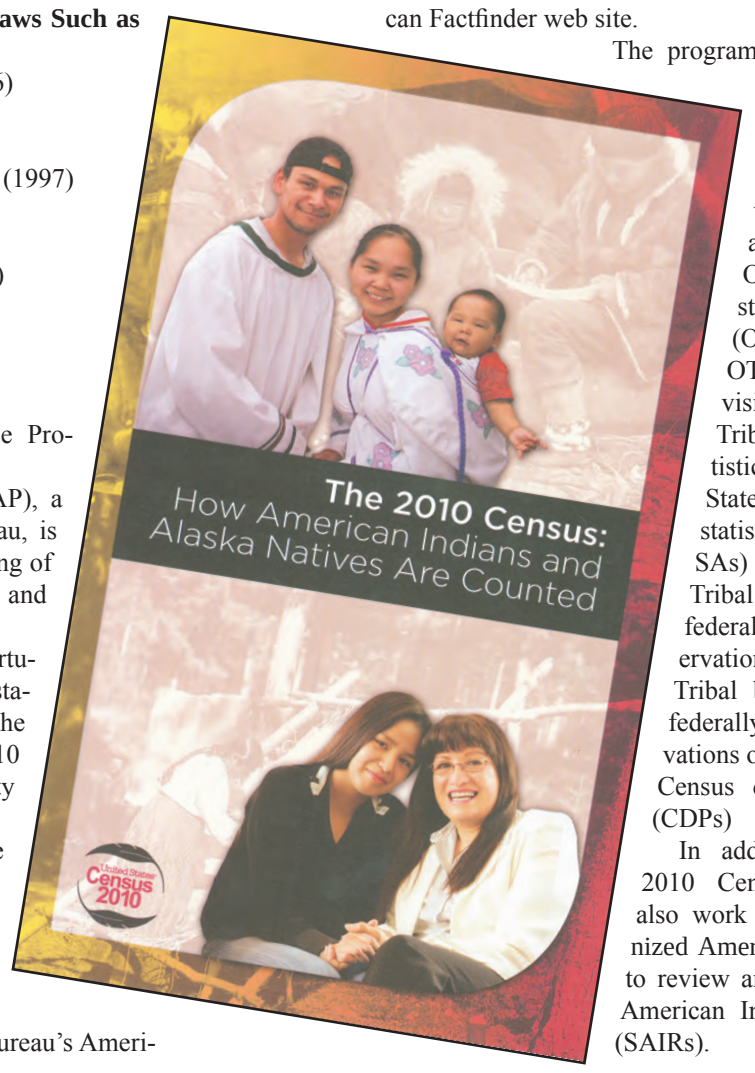
- Indian Health Care Improvement Act (1976)
- Native American Programs Act (1974)
- Workforce Investment Act (1998)
- State Children's Health Insurance Program (1997)
- Veterans Benefits Improvement Act (1994)
- Nutritional Education Program (1977)
- The Home Mortgage Disclosure Act (1975)
- Civil Rights Act (1964)
- The Public Health Service Act (1946)
- Federal Affirmative Employment Plans
- National Affordable Housing, Subchapter I
- Higher Education and Student Assistance Programs

The Tribal Statistical Areas Program (TSAP), a decennial program of the U. S. Census Bureau, is part of an ongoing effort to enhance the reporting of meaningful statistical data for American Indian and Alaska Native areas.

Through the program, tribes have the opportunity to identify and delineate the geographic statistical areas and block boundaries for which the Census Bureau will tabulate data for the 2010 Census and the ongoing American Community Survey (ACS) after 2010.

Statistical data from the 2010 Census and the ACS post-2010 can provide tribes with a meaningful tool to help make informed decisions, and plan for services such as education, health, and housing.

Statistical data from the 1990 and 2000 decennial censuses can be found on the Census Bureau's American Factfinder web site.



The program specifically provides for the review and delineation of:

Alaska Native village statistical areas (ANVSAs)

Oklahoma tribal statistical areas (OTSAs)

OTSA Tribal subdivisions

Tribal designated statistical areas (TDSAs)

State designated tribal statistical areas (SDTSAs)

Tribal census tracts (on federally recognized reservations only)

Tribal block groups (on federally recognized reservations only)

Census designated places (CDPs)

In addition during the 2010 Census, TSAP will also work with state recognized American Indian tribes to review and delineate State American Indian reservations (SAIRs).

Secretary Salazar announces next stage in developing department-wide tribal consultation policy

Nominations Sought for Tribal Representatives to DOI Tribal Consultation Team

(WASHINGTON, D.C.) – Secretary Ken Salazar announced on March 25, 2010 that the Department of the Interior has moved to the next stage in its plan of actions to develop a department-wide tribal nations consultation policy by constituting a tribal consultation team.

The team will consist of 12 tribal officials and alternates representing federally recognized tribes in each Bureau of Indian Affairs (BIA) region along with representatives from each DOI bureau or office.

Assistant Secretary-Indian Affairs Larry Echo Hawk notified tribal leaders by letter on March 23, 2010 and requested nominations.

"I am pleased to announce that we have reached the next stage in the Interior Department's plan of actions to establish a comprehensive, department-wide policy on tribal consultation," Salazar said. "Now that the department is ready to establish the consultation team that will draft the new policy, I want to underscore the importance and urgency of responding to the call for tribal nominations so that we can move forward expeditiously."

The tribes in each BIA Region are asked to nominate three tribal officials or delegates from their BIA region to serve on the Tribal Consultation Team and submit their nominees to the BIA Regional Director by April 30, 2010. Regional directors will work with the tribes to select the nominees and provide any technical assistance, if needed. Regional directors will forward nominations to the secretary by May 5, 2010.

The secretary will appoint one tribal member and one alternative from each BIA region to the team, as well as one federal member and one alternative from each Interior bureau/office by May 14. 2010.

Team members will have several months to draft the consultation policy, which will involve the review and evaluation of existing functions, policies, procedures and practices that have tribal implications and require on-going review and comments from the tribes and general public on the draft policy.

Once the first draft of the policy is developed the consultation team will submit the draft policy to the tribes and publish it in the Federal Register for public comment.

The Interior Department's plan of actions was developed as directed by President Barack Obama in his memorandum, to implement Executive Order 13175 dated Nov. 6, 2000, Consultation and Coordination With Indian Tribal Governments.

The Executive Order directs Executive Branch departments and agencies to develop policies on tribal consultation and cooperation.

The president signed the memorandum on Nov. 5, 2009 at the White House Tribal Nations Summit held at the Interior Department's headquarters in Washington, D.C.

On Nov. 23, 2009, the department invited tribal leaders to participate in a series of tribal consultation meetings to discuss their experiences with federal consultation efforts, provide suggestions on a departmental plan, and make recommendations on improving its consultation practices. Meetings were held in seven cities from December 2009 to January 2010.

Approximately 300 tribal representatives and over 250 officials from other federal agencies attended the meetings to hear the tribes' ideas and concerns.

On Feb. 22, 2010, Salazar announced the Interior Department's plan to establish a comprehensive, department-wide policy for meaningful consultation with the nation's 564 federally recognized American Indian and Alaska Native tribes in accordance with its legal obligations and in fulfillment of its trust responsibilities.

After the draft consultation policy has been circulated to tribes and tribal organizations for review and comment, the department will publish the revised draft in the Federal Register with a 60-day comment period.

Following the department's publishing of the final consultation policy within 90 days of the close of the comment period, the secretary will issue a Secretarial Order directing all Interior bureaus and offices to comply with the department-wide policy and its guiding principles.

The letter to tribal leaders dated March 22, 2010, along with a copy of the Interior Department plan and the tribal consultation team nomination form may be viewed via the DOI Web site at http://www.doi.gov/news/pressreleases/upload/Mar_22_2010-Tribal_Leader_letter.pdf.

Obama signs $938 billion health reform bill

(WASHINGTON, D.C.) On March 23, 2010 President Barack Obama signed the $938 billion Patient Protection and Affordable Care Act, which guarantees coverage for 32 million uninsured Americans and will touch nearly every citizen's life, presiding over the biggest shift in U.S. domestic policy since the 1960s and capping a divisive, yearlong debate that could define the November elections.

Celebrating ``a new season in America'' - the biggest accomplishment of his White House and one denied to a line of presidents before him - Obama made the massive bill law with an East Room signing ceremony.

He was joined by jubilant House and Senate Democrats as well as lesser-known people whose health care struggles have touched the president. Obama scheduled back-to-back events to mark the moment, with much of his White House audience, as well as hundreds of others, heading to the Interior Department immediately after the signing.

``Today after almost a century of trial, today after over a year of debate, today after all the votes have been tallied, health insurance reform becomes law in the United States of America. Today,'' Obama said, interrupted by applause after nearly every sentence. ``All of the overheated rhetoric over reform will finally confront the reality of reform.''

The president also released a statement on the **Reauthorization of the Indian Health Care Improvement Act**, which said: Earlier today, I signed into law the Patient Protection and Affordable Care Act, the health insurance reform bill passed by Congress.

In addition to reducing our deficit, making health care affordable for tens of millions of Americans, and enacting some of the toughest insurance reforms in history, this bill also permanently reauthorizes the Indian Health Care Improvement Act, which was first approved by Congress in 1976.

As a senator, I co-sponsored this Act back in 2007 because I believe it is unacceptable that Native American communities still face gaping health care disparities. Our responsibility to provide health services to American Indians and Alaska Natives derives from the nation-to-nation relationship between the federal and tribal governments. And today, with this bill, we have taken a critical step in fulfilling that responsibility by modernizing the Indian health care system and improving access to health care for American Indians and Alaska Natives.

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Native American Journalist Association member

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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - $35; Enrolled C & A tribal members - FREE.

DEADLINES: ***The Tribal Tribune is published on the 1st & 15th of each month. The deadline for the 1st issue is the 23rd of the previous month - the deadline for the 15th issue is the 8th of that month.***

Cheyenne, Arapaho elders attend Denver conference

Submitted article

The Cheyenne and Arapaho R.E.Sp.E.C.T. program chaperoned 38 tribal elders to the Third annual Cheyenne and Arapaho Studies Conference from March 18 to 19, 2010 in Denver, Colo.

The conference is based on the preservation of tribal culture and traditions, which include the preservation of the Cheyenne and Arapaho language. This year the conference focused on more efforts towards the preservation of tribal language and how the elders of the Cheyenne and Arapaho tribes could have a hand in the cause.

Some of the elders who attended the conference were placed on the all elders panel for questions and ideas for the campaign. The audience, including Cheyenne and Arapaho tribes Gov. Janice Boswell, gave questions to the panel, and contributed some ideas of how the efforts could collaborate with the Cheyenne and Arapaho Tribal College in a joint effort for language classes and lessons for the Cheyenne and Arapaho public. The programs Creg Hart gave a short presentation of the importance of the elders' involvement in the efforts to preserve the language in the Cheyenne and Arapaho communities.

The conference had several other issues to discuss with the audience, such as possible sites for a Cheyenne and Arapaho Tribal College structure to be built for Cheyenne and Arapaho college students. Talks of sites, land and construction were the topics of Friday's session.

Although the weather cut the trip short, the elders who participated in the conference had a great trip which included a trip to the 16th street mall in downtown Denver and an evening dinner at the Denver Colorado HardRock Café.

The Cheyenne and Arapaho R.E.Sp.E.C.T. program would like to extend thanks to all the elders who eagerly participated in the conference and would like to extend their gratitude to the participants who attend the R.E.Sp.E.C.T. elders activities and events sponsored throughout the year. For any questions regarding the program activities, events and assistance, contact the Concho office at (405) 262-0345 ext, 27570 or (405) 422-7570 or visit www.c-a-tribes.org/respect.

Public Notice

The Cheyenne and Arapaho tribes Roads Program has begun construction activities for improvements to the Clinton Community Hall road project. Construction activities are expected to last until mid-May 2010 and signs will be posted. The first phase of construction will consist of dirt work and new asphalt along the project. The second phase shall consist of dirt work and new asphalt on the project.

The public is asked to cooperate by following the signs posted. Everyone's patience and cooperation is appreciated. If anyone has any questions, they can contact the Roads Program at (405) 262-0345, extension 27468.

Local artist donates painting to Washita Battlefield National Historic Site

Submitted article

Buddy Musick, of Cheyenne, Okla., recently donated his original painting, "Only the Wind has Freedom" to the Washita Battlefield National Historic Site.

The painting is Musick's interpretation of the slaughter of over 800 horses belonging to the Cheyenne village of Chief Black Kettle.

The sleeping village was attacked the morning of Nov. 27, 1868 by the 7th Cavalry led by Lt. Col. George A. Custer.

"We invite everyone to come out to the visitor center and see Buddy's painting," said Acting Chief of Interpretation Kathryn Harrison.

Courtesy photo

Photo (L to R): Acting Chief of Interpretation Kathryn Harrison and Buddy Musick

Legislature holds confirmation hearings

By Dana Attocknie, Managing Editor

According to Article VI, Section 5 of the Cheyenne and Arapaho tribes' constitution members of all commissions and boards are selected by nomination from the tribes governor and are subject to confirmation by the tribes Legislature.

Also according to Article VII, Section 4, of the Cheyenne and Arapaho tribes' constitution, "The governor shall have the power to nominate an executive director for each department subject to confirmation by the Legislature, provided that if no confirmation vote is taken by the Legislature within 90 days of nomination, the nominee shall be deemed confirmed."

Therefore the Cheyenne and Arapaho tribes Third Legislature held special legislative session/confirmation hearings on March 22, 2010 in the Cheyenne and Arapaho tribal complex large conference room. Below are the actions taken:

Item No. 1: Confirming Debra Woolworth as the Department of Enrollment executive director, per legislative order No. 3L-LO-N-2010-SS-03-01. Passed.

Item No. 2: Confirming John T. Hoffman as a Gaming Commission - gaming commissioner, per legislative order No. 3L-LO-N-2010-SS-03-02. Passed.

Item No. 3: Confirming Ed Henry as a Gaming Commission - gaming commissioner, per legislative order No. 3L-LO-N-2010-SS-03-03. Passed.

Item No. 4: Confirming Reggie Wassana as Department of Housing executive director, per legislative order No. 3L-LO-N-2010-SS-03-04. Passed.

Item No. 5: Confirming William Tallbear, Jr. as a Department of Housing - housing commissioner, per legislative order No. 3L-LO-N-2010-SS-03-05. Passed.

Item No. 6: Confirming Bruce Dyer as a Department of Housing - housing commissioner, per legislative order No. 3L-LO-N-2010-SS-03-06. Failed.

Item No. 7: Confirming Leta Joyce Walkingnight as a Department of Housing - housing commissioner, per legislative order No. 3L-LO-N-2010-SS-03-07. Passed.

Item No. 8: Confirming Judy Lime as a Department of Housing - housing commissioner, per legislative order No. 3L-LO-N-2010-SS-03-08. Passed.

Item No. 9: Confirming Danette Sankey as a Department of Housing - housing commissioner, per legislative order No. 3L-LO-N-2010-SS-03-09. Tabled.

Item No. 10: Confirming Jasper Washa as a Tax Commission - tax commissioner, per legislative order No. 3L-LO-N-2010-SS-03-10. Failed.

Item No. 11: Confirming Lehman Coyote as a Tax Commission - tax commissioner, per legislative order No. 3L-LO-N-2010-SS-03-11. Failed.

Item No. 12: Confirming Charles Tripp as the Tribal Court associate judge, per legislative order No. 3L-LO-N-2010-SS-03-12. Failed.

The tribes' 2010 budget bill was to be introduced during the March 22, 2010 public hearing however the budget was not officially submitted to the Legislature prior to the meeting.

The Legislature passed the Cheyenne and Arapaho Confirmation and Nomination Bill during their regular legislative session on March 13, 2010. The bill, No. 3L-2010-RS-03-07, allows "confirmations and nominations holding positions (no more than 60 days due to denial of nominations and confirmations process).

The Legislature also held a legislative special session/confirmation hearing on Jan. 21, 2010, per a Jan. 14, 2010 public notice from Gov. Janice Boswell.

Below are the actions taken:

Item No.1: Confirming Robert Wilson for Department of Treasury executive director, per legislative order No. 3L-LO-2010-SS-0121-01. Failed.

Item No. 2: Confirming Roberta Hamilton for Department of Health executive director, per legislative order No. 3L-LO-2010-SS-0121-02. Passed.

Item No. 3: Confirming Ida Hoffman for Department of Administration executive director, per legislative order No. 3L-LO-2010-SS-0121-03. Failed.

Item No. 4: Confirming Yvonne Wilson as Gaming Commissioner, per legislative order No. 3L-LO-2010-SS-0121-04. Failed.

Item No. 5: Confirming Teresa Dorsett for Department of Education executive director, per legislative order No. 3L-LO-2010-SS-0121-05. Motion of Privilege passed to discuss nomination at the next Regular Session.

Dorsett's nomination later passed during the Legislature's regular session on Feb. 13, 2010.

As for the failed nominations and newly named acting executive directors:

Currently, Eddie Hamilton is the acting executive director for the Department of Administration. Hoffman was named Chief of Staff, according to the tribes Web site and directory.

Cornell Sankey is the acting executive director for the Department of Treasury. Robert Wilson was named Chief Executive Policy Analyst, according to the tribes Web site and directory.

Yvonne Wilson is the new Gaming Commission director, according to the tribal directory, and Mary Davenport is the acting executive director for the Department of Social Services.

As of press time a public notice had not been posted stating whether or not the acting executive directors will go through a confirmation hearing or if new nominees will be announced.

2010 HOUSING AUTHORITY COMMUNITY MEETING SCHEDULE
5:30-7:00 p.m.
Meal Provided
Door Prizes
Meal Provided
Door Prizes
Cheyenne-Arapaho
HOUSING ADMINISTRATION

Watonga-Geary
Thursday, April 15, 2010
Watonga Multi-Purpose Bldg.

Seiling
Tuesday, April 27, 2010
Seiling Community Center

Canton
Tuesday, April 20, 2010
Canton Community Center

El Reno
Thursday, April 29, 2010
El Reno Fairgrounds Building

Clinton
Thursday, April 22, 2010
Cheyenne & Arapaho Housing Authority

Elk City-Hammon
Tuesday, May 4, 2010
Clarion Inn (formerly known as Holiday Inn)

TOPICS include: Home Maintenance, Insurance, MEPA, Inspections, Recertifications, and Housing Polices

New Spring Fashions Have Arrived
MEN LOOK GREAT-PAY LESS "Toes to Nose"
MEN'S BIG & TALL UP TO 10XL
HEADQUARTERS FOR DICKIE BRAND CLOTHING
Casual & Work-Wear
Military & Security Uniforms
Men's Regular Sizes-Also Shorts-Tops-Pants LATEST STYLES
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Calling of All Cheyenne Chiefs Clan Members Ancestral Affiliation to Black Kettle Historical Site
Meeting:
Saturday April 17, 2010
Clinton Housing Authority
Clinton, Oklahoma
1:30 p.m.
Meal provided by Cultural & Heritage
Topic: Discuss the Proposal of a Possible Name Change to the Washita Battlefield National Historic Site in Cheyenne, Oklahoma

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Tribal Tidbits

Courtesy photos

Submitted article

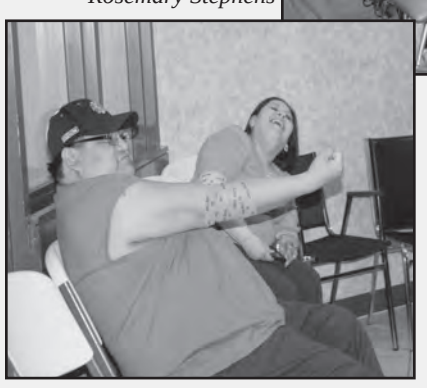
Abigail Reynolds, 2010 Cheyenne princess, performed nutrition activities with the Cheyenne and Arapaho head start students in Clinton, Okla. She showed the children how to make ants on the log and discussed healthy eating habits.

The head start students also were able to visit the R.E.Sp.E.C.T. program. They were encouraged to be physically active everyday. While there they played basketball, used the punching bag, and saw how fast they could run up and down the stairs. The children had a great time and we would like to thank both Abigail and the R.E.Sp.E.C.T. program.

Josh Smith relaxes while giving blood.

Right: Connie Driskel, nurse, checks Susie Gallindo's blood pressure.

Photos by Rosemary Stephens



John Redbird and Lisa Martin share a moment of laughter after giving blood.

On March 16, 2010 the Cheyenne and Arapaho tribes along with the Oklahoma Blood Institute (OBI) held a blood drive at the tribal complex in Concho, Okla.

Theme day at the Concho Child Care Center included hat/sunglasses day (r) and green day (bottom).

Courtesy photos

Submitted article

The Concho Child Care Center has been really busy during spring break week.

We held a theme week with some of the themes being hat/sunglasses day, superhero/fairy tail day, green day, and rock star day. The children also attended the Martin Nature Park in celebration of National Wildlife Week. We took a nature walk through the park, seen live catfish in a creek, all kinds of birds, squirrels, and a family of turtles.The children and parents enjoyed this field trip,and had a great learning experience. We would like to send out thank you to the head start program for lending us a bus for this field trip and to Lucky Star Casino for donating ice to keep our milk and lunches cold. We appreciate all of your continued support to our children and our program.

Cheyenne, Arapaho Boys win championship

Submitted article

The C & A Boys, sponsored by the R.E.Sp.E.C.T. program, recently won the Madness in March Tournament in Henryetta, Okla.

The C & A Boys were in pool play on Thursday and Friday. They won their first game against Okie Boys out of Okemah, Okla. by a score of 60-57. The second game was a win against the Warriors from Shawnee, Okla. 69-38.

C & A Boys finished 2-0 in pool play and was awarded the seventh seed in the tournament of 39 teams. The first round of the tournament was against the Oklahoma D1 Indians from Sapulpa, Okla. and C & A Boys won 48-28. The next round was against Wolfpack from Oklahoma City and the score was 65-35. The Elite Eight pitted the C & A Boys against Sooner Storm from Pawnee, Okla. Some of the players from the Sooner Storm recently won a state championship for Pawnee High School but that didn't affect the C & A Boys as they won 42-33 to advance to the Final Four.

In the Final Four, the C & A Boys were up against the Choctaw Express, who beat us in the same game last year. The game was close through halftime with the score of 27-26 the C & A Boys on top. After halftime it was a different game as we pulled away from the Choctaw Express from Mississippi to win 65-46. The C & A Boys advanced to the Championship game for the second time in three years, getting the runner-up trophy in 2008.

The championship game was against the Oglala Nation All Stars from Pine Ridge, S.D. Both teams came into the game with perfect 6-0 records. The game started slowly as the C & A Boys were ahead 22-7 at halftime. The C & A Boys couldn't get their offense going in the second half but their defense was good enough to hold off a late run from the Oglala's. The final score was 31-26.

Jordan Woods from Kingfisher, Okla. was named the tournament's Most Valuable Player. Raymond Little from El Reno, Okla. was also named All Tournament Team and received the Outstanding Hustle Award for the tournament. This was the fourth time we have competed in this tournament and it was our first championship.

The R.E.Sp.E.C.T. program also sponsored another boy's team and they had one win and two losses in the tournament. The Cheyenne and Arapaho girls also competed. They had three wins and no losses until the round of 16 when they lost to this year's champions, Team Illusion from Henryetta, Okla.

All Nations Basketball Camp, Tournament

Submitted article

On March 16 and 17, 2010 the Clinton R.E.Sp.E.C.T. staff held the first All Nations Basketball Camp and Tournament.

We had a good turn out. A total of 24 kids showed up on both days. The first day was drills and the fundamentals of basketball. The second day we held a 3-on-3 tournament.

The kids really enjoyed it. But the most important thing they wanted to do was play in the tournament! We had a total of seven teams, and it was single elimination.

The winners were the Oklahoma Thunder, they played four games and went undefeated.

A big thank you goes out to Dru Wilson, Maria Thorpe, and Adrienne Twins for helping out with the camp, and Laura Hamilton from The Lucky Star Casino (Clinton) who provided lunch for the kids on the last day.

Courtesy photo

L to R back row: Sulema Spottedbird, Lexus Halfred, Lakota Bear Runner, Sheldon Reynolds Jr., Tanner Brown, Justin Twins, Second row: Carmen Sankey, Abby Reynolds, Jazmine Johnson, Kendall Charley, Gary Lime, Bryon Elledge, Christian Wassana, Miranda Cometsevah. Third row: Evana Wilson, Zyree Onebear, Kendra Weasel, Destiny Washee, Stephen Woods, Danny Charley. Sitting down: Tehya Brush, Lexi Hamilton, Shawny Twins, Marcus Blackwolf

R.E.Sp.E.C.T. hosts basketball tryouts, sign – ups

Submitted article

The R.E.Sp.E.C.T. program recently held their basketball tryouts and sign – ups for their spring and summer basketball teams. The program sponsors teams from fifth and sixth grade to high school seniors. We currently have a boys and girls team in the fifth and sixth, seventh and eighth, ninth and tenth and high school divisions.

On Sunday, March 14, 2010 we had sign – ups for fifth/sixth and seventh/eighth grades. The kids were put through a small workout and played games against one another during their time on the court. We had 65 boys and girls sign up and hopefully give every kid a chance to play in a tournament through the spring.

Also on that same day we had our high school basketball tryouts in the R.E.Sp.E.C.T. gymnasium in Clinton, Okla. We had 23 Boys attended as well as 21 girls.

The players were also put through a small workout and evaluated by the coaches for the summer. They will be able to participate in tournaments through August.

future

Continued from page 1

final plan.

The comprehensive plan overall is a long-range plan that could take up to 20 years and include multiple generations before projects come to fruition.

Plan elements include: cultural resources, natural resources, future development, economic concerns and employment, housing, tribal and state services (i.e. healthcare and education), transportation and infrastructure, energy (i.e. wind farms), and special considerations such as the tribes buffalo herd.

When it came to recommending plans or addressing present concerns that hinder the tribes' growth, participants were asked to write down any issues they could think of.

Some of the "issues" already listed in the planning handout are: Loss of understanding and participating in traditional activities, loss of native language, lack of preservation of historic building and resources, potential decline in tribal enrollment, inadequate elder housing, no uniform housing code, substandard housing conditions, no building codes, no zoning code or development standards, high rates of heart disease, diabetes, and hypertension, substance abuse, illegal solid waste disposal and trash dumping, lack of adequate land management, poor quality of drinking water, lack of public safety and emergency plans, no economic development strategy, high unemployment rate, low levels of educational attainment, no database for tribal land holdings, and no strategy for tribal land acquisition or consolidation.

According to information handed out, there are currently 12, 232 enrolled Cheyenne and Arapaho tribal members; 4,876 tribal members reside within the comprehensive planning study area of Blaine, Canadian, Custer, Dewey, Roger Mills, Kingfisher, and Washita counties. Other statistics show the average age of a Cheyenne and Arapaho tribal member is 30, the percentage of tribal members who do not know their tribes history well or at all is 20.8, and the top four problems in the tribal communities are: alcohol/drugs, crime, unemployment and lack of youth recreation/entertainment.

"The purpose of the plan is to make life better," Meighen said. "It's a way to tell your stories, your values."

Participants were asked a series of multiple-choice questions that they could answer anonymously with a remote control.

The responses allowed everyone to see where major concerns are, what ideas are most popular and what people prefer or would like to see.

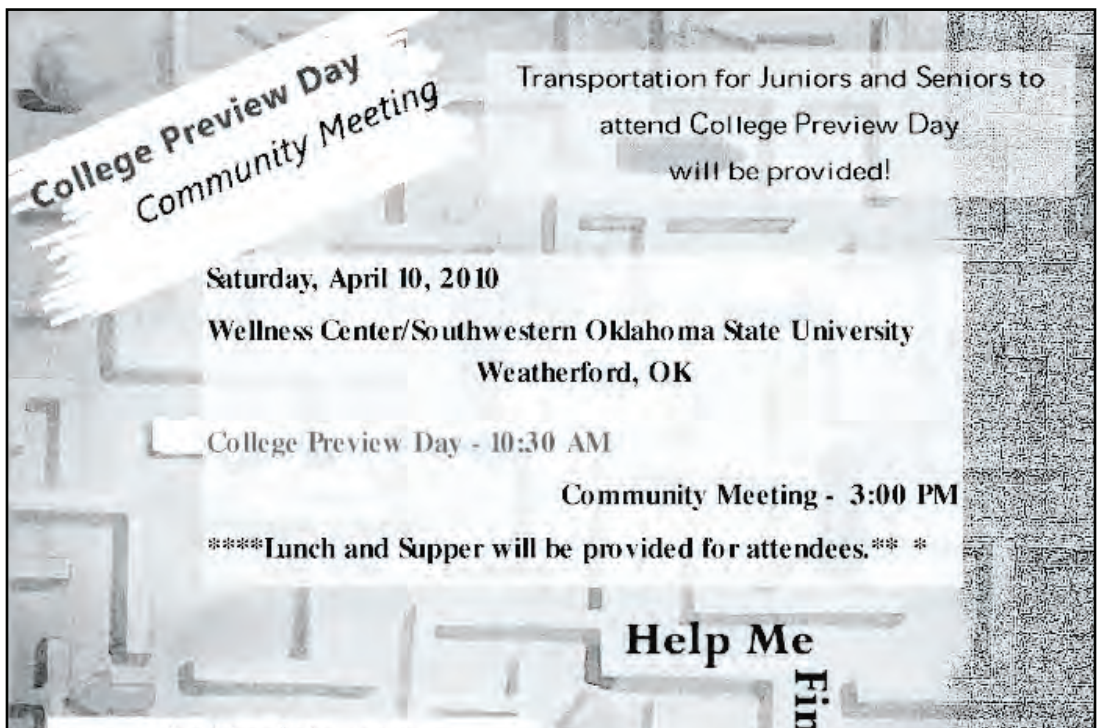
Some of the questions were: What do you feel is your communities' biggest challenge? What is the best technique to maintain culture and heritage? Do you expect to retire within the study area?

New ideas that came about were the possibility of creating a large retail area, an industrial business/factory and a camping area.

"Your comments really do matter. We need your comments," Meighen said before asking the crowd to help spread the word about the upcoming meetings.

The second public meeting to be held in June will have the topic of: Making big choices about the future. The third public meeting in September will have a topic of: Design key sites and implementing the vision. The exact dates of the meetings have not been set.

For more information about the comprehensive plan or to get involved, contact the Office of Planning and Development staff at (405) 422-7620.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Community Meeting - 3:00 PM
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Report to the people

Date of Award: Jan. 1, 2009
I.H.S. Contract Number: 246-2007-0019
Amount of Award: $123,788
Contractor Name: Cheyenne and Arapaho tribes

The Cheyenne and Arapaho tribes' administers a Tribal Health Education Program funded by the Indian Health Service through a P.L. 638 contract.

Program staff consists of (1) Health education director, and (1) administrative assistant. Health education is provided to the Native American population residing in the jurisdictional areas of the Cheyenne and Arapaho tribes. The office is located at 700 Black Kettle Boulevard in Building No. 1, Concho, Okla.

The purpose of the health education project is to assess health education needs, encourage active participation, promote health awareness, maintain health and well-being, and prevent disease and disability.

Funds from the 2010 budget are obligated toward intended expenses such as: Salaries, training and staff development, office space, office supplies, direct prevention activities, communication costs and other expenses relevant to program operation. The health education program promotes active living at multiple levels and settings and in a variety of populations from young to old.

From July 1, 2009 to present the health educator provided educational presentations and disseminated health information on breast self exam and breast cancer, health fairs/screening, in-service training for head start, HIV Youth Day, Women's Health Day and employee wellness activities. Ongoing employee wellness seminars, anger management classes and parenting classes were held during this period.

Employee development and training included, suicide prevention and sexual assault, domestic violence, Native American AIDS prevention, tribal justice, safety and wellness. Trainings and meetings are intended to increase knowledge of health promotion and disease prevention concepts and methods for effective implementation.

Program objectives include:

Develop procedures for preventive and corrective approaches, request attendance at the Clinton Service Unit staff meetings, identify and list resources of health education, conduct well-defined health education projects, model health and well-being concepts in health education activities, establish and implement an employee health and fitness program, assist tribal health programs to develop educational components in their program activities, use IHS statistical data for strategic planning, and provide executive direction and management in health education activities.

The former health educator accomplished the major objectives in this period with a total of **601** Native American people served.

Submitted by, Margie Deer, MPH, director, Health Education Program
Date: March 23, 2010

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Old Crow thankful for education

Alissa Old Crow

Submitted article

Alissa Old Crow graduated in the fall 2009 semester from the University of Florida with a Bachelors of Arts degree in history.

During her time in college, Old Crow was able to access many interesting opportunities. During the summers of 2005 and 2006, Old Crow traveled to Washington, D.C. to participate in internships made possible by a federal grant from The Washington Center.

Old Crow would like to thank the Cheyenne and Arapaho Gaming-Higher Education Program for its financial assistance throughout her college experience, and Wanda Whiteman for taking the time to help her. She would also like to thank her father, Albert Old Crow; her grandmother, Clara Old Crow; her mother, Melissa Wheeler; and her grandmother, Oleta Parks, for their constant encouragement to complete her college education.

Old Crow is currently taking a year off to apply to graduate school. She will be spending the year as an au pair in Italy, during which time she plans to visit as many places in Europe as she can. After she returns to the states, Old Crow plans on participating in The Washington Center's post-graduate program for a semester before beginning her graduate studies.

Real world, working teens

By the Culture and Heritage program

As the weeks turned into days before the highly anticipated spring break most teens already planned their activities. For tribal youth William Littlebird; his spring break plans included helping others.

William Littlebird

Littlebird, a 15-year-old student at Etta Dale Junior High School located in El Reno, Okla., began working for the tribe's WIA summer youth program in summer 2009.

He said it was his first summer working with the tribe and when given the opportunity to return he accepted and worked during spring break.

"I like being here," he said. "I really enjoy helping others and if I had stayed home all I would have done is play my video games the whole time."

During the weeklong break Littlebird worked with staff at the Culture and Heritage program.

Marina Gaytan, program administrative assistance said, "William has done a good job. He did everything asked of him without complaint and with a smile."

Traditions teach us we are to always help others especially when in need and the Bible says, "Or he that exhorteth, on exhortation: he that giveth, [let him do it] with simplicity; he that ruleth, with diligence; he that sheweth mercy, with cheerfulness." - Romans 12:8. We are brothers and sisters of a tribal nation rich in culture and beautiful hearts. Littlebird has displayed his knowledge of traditional teaching and brings honor to his family.

Littlebird said his work experience has taught him to manage and save money.

When asked if he knew the difference between "wants" and "needs" he gave it some thought and was still a little unsure, but when given an example he politely said, "My mom takes care of all my needs," and admitted he usually spends his earnings on the things he wants - like more video games.

Littlebird is the son of Kelli Blackwolf and Henry Littlebird. He is the maternal grandson of Betty and Billy Joe White and paternal grandson of the late Arapaho chief woman Tommie Rose Cravatt and the late Robert "Bobby" Littlebird.

Culture and Heritage program staff graciously thank Littlebird for his help during the week of March 19, 2010 and welcome his return this summer.

To learn more about the WIA youth program, contact WIA offices at (800) 247-4612 ext. 27660.

GoodWarrior descendents plan second reunion, share history

Submitted article

Plans are being made for the second annual GoodWarrior Descendents Family Reunion scheduled for May 22, 2010 tentatively for Red Rock State Park in Hinton, Okla. Last year more than 100 people attended and we wish to extend an invitation to all descendents to attend this year's event. In the next coming months, I will submit history information, which will list descendents of GoodWarrior. If anyone has any information to add, I would appreciate your comments.

GoodWarrior (aka Jesse) was born in 1873 and died on Feb. 26, 1940. Her Indian Name was Ne-Na-Hie. Her parents were Hochney, 1823-April 20, 1904 (full blood Arapaho) and Ute Woman, 1842-Dec. 28, 1926, whose Indian name was You-Tad-A and was also a full blood Arapaho. GoodWarrior's siblings were Roman Nose George Hocheny, year of birth was 1862 (but no recorded Date of Death) and whose Indian name was Tah-Hak; Ready To Sing, year of birth 1879 and whose Indian name was Hair-Tan-Ne-Ba. Lewis Hochney, no information. Other listed by unverified sibling was Yellowcalf (no other information obtained).

GoodWarrior married three times and had a recorded number of eight children. First marriage was to Bear Feathers (Indian name Nah-Cu-Be or Na-Ko-a-mine), estimated Date of Birth (DOB) 1848; he was 25 years older that she was and is listed as a full blood Arapaho. Together they had one daughter, Grace Geary (aka Lucy Feathers/ Grace Medicinebird), DOB 1896-Dec. 27, 1968. Bear Feathers had a son, (who was not Good Warriors as they would have been only eight years apart); his name was Yellow Feather on Head, Indian Name Ne-How-Noc-Ku, estimated DOB 1881.

GoodWarrior's second marriage was to Medicine Road aka Medicine Bird, 1850-Oct. 31, 1904, 4/4 Arapaho. There were two children listed: Susie Bird, DOB 1898 and Mabel Mary Medicinebird Medicine Road, DOB July 24, 1900-March 23, 1981, 4/4 Arapaho, Indian Name He-bath-tha-say or Gray Hair.

There is a discrepancy on the actual year of her birth as both dates of 1900 and 1901 are listed. In addition, it may be possible that Susie Bird and Mabel may be the same person. Mabel always said 1900 was not her actual birth year. No further research has been found to verify/dispute this.

GoodWarrior's third marriage was to Earl Whiteshirt, DOB 1883, Indian Name Falling Of the Horse or Jen-Ne-Ship), 4/4 Arapaho.

They had five recorded children: John Whiteshirt, DOB Jan. 01, 1909 or Jan. 2, 1907. Notations found were that he might also have been known as Earl Whiteshirt, Jr.; (Mary) Lenna Whiteshirt, DOB Jan. 25, 1911 (or Jan. 9, 1911) – July 22, 1984; May Whiteshirt James, DOB May 18, 1913 (or Aug. 5, 1913); Lilly (Lillian) Whiteshirt, DOB Nov. 12, 1913 (or 17)-July 13, 1939; There was a sibling listed with DOD listed as Sept. 14, 1910 or 18, no name listed.

I will submit a future article listing the marriages and children of the aforementioned relatives.

The purpose of this information is to let all our relatives know how we are related. Many of us know we are related but don't know exactly how we are related. I have conducted many years of research and am very interested in our family history.

I appreciate any comments and information and look forward to sharing future information about our family tree. Ah-Ho! Christine Morton, cm_arapaho@hotmail.com

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- mmedicinebear@c-a-tribes.org
- (405) 422-7653

Southern Cheyenne Fire Program
Black Kettle Crew

Basic Fire Classes: 130, 190, L-180 and refresher will be offered from 8 a.m. to 5 p.m. April 12-15, 2010 at the Hammon Community Hall in Hammon, Okla. Two forms of ID is needed when attending these classes, one ID needs to be a picture ID.

For more information, contact Marlin Orange, Sr. at (405) 201-0721, Rueben Sevenstar (405) 618-6279, William Stepp, Jr. at (405) 201-0465 or the office at (580) 225-1995.

Training is provided by the Black Kettle National Grasslands Forest Service Cheyenne, Okla.

ANNOUNCEMENT

To the elders of the Cheyenne, Arapaho tribes

The education department, specifically the language program, is in the process of producing; with the media department; audio, visual and written material to be used for new learners in the tribal child development centers and head start centers. Programs involved are: language, media, head start, childcare, eldercare and culture/heritage. We are requesting participation of elder's knowledgeable language, history and traditions to share your legacy with the Cheyenne and Arapaho tribes. We would like to record the following:

Songs: specifically lullabies, history and the who, where, why, when of lullabies.

As well as:

Sharing wisdom, knowledge for the generations yet to come. - Legacy and family heritage. - Traditions, culture and belief ways. - Stories.

Help us in preserving our tribal language, songs, culture and history. Share your voice for and with the younger generations. In appreciation of where we come from, we thank you for the legacy and foundation that our two tribes provide. In order to know where we are going, we have to know where we came from.

For more information and to schedule an interview recording time contact Gordon Yellowman at (405) 422–7729 or gyellowman@c-a-tribes.org.

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TRIBAL TRIBUNE DEADLINES
The 8th and 23rd of each month.

Oklahoma School District deals with bacterial meningitis

Submitted article

People are probably aware there was an outbreak of bacterial meningitis occurring in the Northeastern part of Oklahoma, specifically in the Oologah-Talala School District. Here are the facts concerning this outbreak to date: · There have been a total of seven confirmed cases, all students from Oologah-Talala Schools. · Two of the seven children died due to their illnesses.

THERE ARE NO OTHER CASES TO DATE ASIDE FROM THESE SEVEN.

Below you will find information regarding Meningitis, from the Centers for Disease Control (CDC).

Q: What is meningitis?

A: Meningitis is an inflammation of the membranes that cover the brain and spinal cord. Meningitis is usually caused by a viral or bacterial infection.

Viral meningitis is generally less severe and clears up without specific treatment. But bacterial meningitis can be quite severe and may result in brain damage, hearing loss, learning disabilities or even death.

Today, Streptococcus pneumoniae and Neisseria meningitidis are the leading causes of bacterial meningitis.

Q: What are the signs and symptoms of meningitis?

A: These symptoms can develop over several hours, or they may take one to two days. Common symptoms of meningitis in anyone over the age of 2 years are as follows:

- High fever
- headache
- Stiff neck
- Other symptoms may include nausea, vomiting, discomfort looking into bright lights, confusion, and sleepiness.
- In newborns and small infants, the classic symptoms of fever, headache, and neck stiffness may be absent or difficult to detect.
- Infants with meningitis may appear slow or inactive, have vomiting, be irritable, or be feeding poorly.
- As the disease progresses, patients of any age may have seizures.

Q: How is bacterial meningitis diagnosed?

A: Early diagnosis and treatment are very important. If symptoms occur, the patient should see a doctor immediately.

The diagnosis is usually made by growing bacteria from a sample of spinal fluid. The spinal fluid is obtained by performing a spinal tap, in which a needle is inserted into an area in the lower back where fluid in the spinal canal can be collected. Identification of the type of bacteria responsible is important for selection of correct antibiotics.

Q: Can bacterial meningitis be treated?

A: Bacterial meningitis can be treated with a number of effective antibiotics. It is important, however, that treatment be started early in the course of the disease.

Appropriate antibiotic treatment of most common types of bacterial meningitis should reduce the risk of dying from meningitis to below 15 percent, although the risk is higher among the elderly.

Q: Is bacterial meningitis contagious?

A: Yes, some forms of bacterial meningitis are contagious. The bacteria can mainly be spread from person to person through the exchange of respiratory and throat secretions. This can occur through coughing, kissing, and sneezing. Fortunately, none of the bacteria that cause meningitis are as contagious as things like the common cold or the flu. Also, the bacteria are not spread by casual contact or by simply breathing the air where a person with meningitis has been.

People who qualify as close contacts of a person with meningitis caused by N. meningitidis should receive antibiotics to prevent them from getting the disease. This is known as prophylaxis.

Q: Are there vaccines against bacterial meningitis?

A: Yes, there are vaccines against N. meningitidis and many types of Streptococcus pneumoniae. The vaccines are safe and highly effective.

The Advisory Committee on Immunization Practices (ACIP) recommends routine vaccination of all persons 11-18 years of age with one dose of meningococcal conjugate vaccine at the earliest opportunity.

Pre-teens who are 11-12 years old should be routinely vaccinated at the 11-12 year old check-up as recommended by ACIP. College freshmen living in dormitories are at increased risk for meningococcal disease and should be vaccinated with meningococcal conjugate vaccine before college entry if they have not previously been vaccinated.

Routine vaccination also is recommended for certain persons who have increased risk for meningococcal disease. In addition, the FDA recently approved the quadrivalent meningococcal conjugate vaccine (MCV4) for use in children aged 2--10 years, who are at increased risk for meningococcal disease.

Your child's pediatrician should decide if your child is at an increased risk for meningococcal disease.

There are also vaccines to prevent meningitis due to S. pneumoniae (also called pneumococcal meningitis), which can also prevent other forms of infection due to S. pneumoniae.

The pneumococcal polysaccharide vaccine (PPSV) is recommended for all persons over 65 years of age, younger persons at least 2 years old with certain chronic medical problems, and 19-64 year olds who smoke or have asthma.

Viral Meningitis

Q: What is viral meningitis?

A: Meningitis is an inflammation of the membranes ("meninges") that cover the brain and spinal cord.

Viral infections are the most common cause of meningitis; bacterial infections are the second most common cause. Other, rarer causes of meningitis include fungi, parasites, and non-infectious causes, including those that are related to drugs.

Meningitis caused by viral infections is sometimes called "aseptic meningitis."

Q: Is viral meningitis a serious disease?

A: Viral ("aseptic") meningitis is serious but rarely fatal in people with normal immune systems. Usually, the symptoms last from seven to ten days and the patient recovers completely. Bacterial meningitis, on the other hand, can be very serious and result in disability or death if not treated promptly. Often, the symptoms of viral meningitis and bacterial meningitis are the same. For this reason, if you think you or your child has meningitis, see your doctor as soon as possible.

Q: What causes viral meningitis?

A: Different viral infections can lead to viral meningitis. But most cases in the United States, particularly during the summer and fall months, are caused by enteroviruses (which include enteroviruses, coxsackieviruses, and choviruses).

Most people who are infected with enteroviruses either have no symptoms or only get a cold, rash, or mouth sores with low-grade fever. And, only a small number of people with enterovirus infections develop meningitis.

Other viral infections that can lead to meningitis include mumps, herpesvirus (such as Epstein-Barr virus, herpes simplex viruses, and varicella-zoster virus—the cause of chickenpox and shingles), measles, and influenza. Arboviruses, which mosquitoes and other insects spread, can also cause infections that can lead to viral meningitis. And lymphocytic choriomeningitis virus, which is spread by rodents, is a rare cause of viral meningitis.

Q: What are the signs and symptoms of viral meningitis?

A: Symptoms can appear quickly or they can also take several days to appear, usually after a cold or runny nose, diarrhea, vomiting, or other signs of infection show up.

Symptoms in adults may differ from those in children:

- Common in infants
  Fever
  Irritability
  Poor eating
  Hard to awaken
- Common in older children and adults
  High fever
  Severe headache
  Stiff neck
  Sensitivity to bright light
  Sleepiness or trouble waking up
  Nausea, vomiting
  Lack of appetite

Q: How is viral meningitis diagnosed?

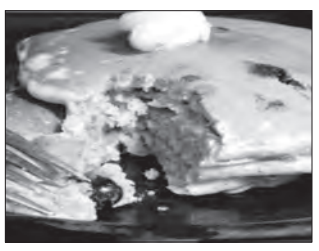
A: Viral meningitis is usually diagnosed by laboratory tests of a patient's spinal fluid (from a "spinal tap"). The test can reveal whether the patient is infected with a virus or a bacterium. The exact cause of viral meningitis can sometimes be found through tests that show which virus has infected a patient; however, identifying the exact virus causing meningitis may be difficult. Because the symptoms of viral meningitis are similar to those of bacterial meningitis, which is usually more severe and can be fatal, it is important for people suspected of having meningitis to seek medical care and have their spinal fluid tested. A hospital stay may be necessary in more severe cases or for people with weak immune systems.

Q: How is viral meningitis treated?

A: There is no specific treatment for viral meningitis. Most patients completely recover on their own within two weeks. Antibiotics do not help viral infections, so they are not useful in the treatment of viral meningitis. Doctors often will recommend bed rest, plenty of fluids, and medicine to relieve fever and headache. A hospital stay may be necessary in more

*See **meningitis**, page 8*

Blue Corn Flapjacks



2 eggs
1⁄2 cup instant nonfat dry milk plus 1-1⁄2 cups water (or 1-1⁄2 cups nonfat milk)
1 tablespoon butter
3⁄4 cup all-purpose flour
3⁄4 cup roasted blue (or yellow) cornmeal
1 1⁄2 teaspoons baking soda
2 tablespoons sugar
1 teaspoon salt

1. Mix all ingredients in a blender. Let stand for 5 minutes. Do not re-mix or stir. Pour serving sized amounts from blender to lightly oiled grill or pan.
2. Wait until bubbles form on top of flapjack, then flip.
3. Remove from grill when second side is cooked.
4. Serve with a pat of butter and syrup, marmalade, or applesauce.

Cooking with commods

EATING well for DIABETES

By Kristie Purdy, MA, RD/LD
C&A Diabetes Wellness Program

Food, Nutrition, Dieting Facts vs. Fiction

Will eating before bedtime cause weight gain? Is there a certain combination of foods that will promote weight loss? Will eating too much sugar cause diabetes? These are just a few of the questions many of us have when it comes to food and nutrition.

With all the information available, it can sometimes be hard to sort fact from fiction.

Here are some helpful answers to some common food myths:

Myth: A low-fat or no-fat diet is best when trying to lose weight.

Fact: Many people believe they need to follow a fat-free diet when trying to lose weight. However, your body needs some fat in it for energy, tissue repair and to transport vitamins A, D, E, and K around the body. Fat in the diet can also help to increase our feelings of fullness.

Approximately 30 percent of your daily calories should come from fat. Remember that every 1 gram of fat contains 9 calories, while 1 gram of carbohydrate or protein only contains 4 calories. So, it is easy to "overeat" when it comes to fat. Cutting back on saturated and trans fats is always a good idea. Try replacing these fats with heart healthy unsaturated fats found in such things as: olive oil, avocados and nuts. Also remember that low-fat and fat-free does not mean calorie free. Be sure to check the calorie content of foods you eat.

Myth:Eating just before bedtime will cause weight gain.

Fact: It is what you eat, not when you eat that makes a difference. Many diets say to not eat after a certain time in the evening because the body will tend to store more fat. This is not necessarily true. The difference is in how many calories you consume vs. how many you burn off through activity and exercise over time. Calories have the same effect on the body no matter what time they are eaten. If you overeat at any meal or snack on a regular basis, this is what will cause weight gain. Try eating regular meals and snacks to reduce impulsive snacking and be conscious of your food choices morning, noon and night.

Myth:Certain combinations of food will promote weight loss.

Fact: The combinations of carbohydrates, fat, protein and certain foods do not make a difference in promoting weight loss. The amount of calories you take in vs. the amount of calories you burn though activity and exercise is what needs to be considered in promoting weight loss.

Also, many people believe that foods such as celery, grapefruit etc. will make you burn more calories and lose more weight.

Food that causes you to burn off more calories than the calories you get from eating the food simply do not exist.

Myth:Snacking will cause me to gain weight.

Fact: When snacking is done right, it will not cause weight gain. Again, it is the total amount of calories consumed in a day that matters. You can choose to split these calories up amongst three large meals, or you can split them up among six small meals. The choice is yours.

Myth:Following a crash diet or fasting is a quick, reliable and safe way to lose weight.

Fact: While many crash diets can cause weight loss in the beginning, they can ultimately hinder weight loss. Slowly losing weight over a long period of time is the best way to burn fat. When individuals follow a crash diet or fast, they do lose some fat, but they also lose lean muscle and tissue. Lean muscle and tissue is not weight you want to lose.

The loss of lean muscle can cause your metabolism to decrease over time. Once this happens, your body will need fewer calories than it previously did and weight gain will be more likely once you stop dieting. Many crash diets are developed by people with no science or health background and can be harmful to people with certain health problems.

Myth:Eating too much sugar can cause diabetes and those who have diabetes cannot eat sugar.

Fact: There is no link between eating too much sugar and developing diabetes. Diabetes is caused by a lack of insulin the body. Since foods that are high in sugar are often high in calories, over eating those foods can lead to weight gain. Research shows people who are overweight and obese are at increased risk for diabetes. Also, people with diabetes can enjoy foods containing sugar as long as they count them into their total carbohydrate allowance at meal and snack time.

*See **Fact vs. Fiction**, page 8*

BRIEFS

The National Indian Gaming Commission 2010 Trade and Conference

April 7-8, 2010 in San Diego, Calif. For more information visit www.nigc.gov.

The 28th annual National American Indian Conference on Child Abuse and Neglect-Protecting Our Children

April 11-14, 2010 at the Double Tree Hotel/Portland, Ore. For more information or to register call Isla Dane at (503) 222-4044, ext. 144.

American Indian Business Expo

April 12-13, 2010 in Denver, Colo. For more information or to register visit www.rmicc.org.

Oklahoma Workshop on Native American Languages

April 17-18, 2010 at the Center for Tribal Studies at Northeastern State University in Tahlequah, Okla. For more information contact Brad Montgomery-Anderson by email at montgombnsuok.edu.

Native Fitness Training Conference

April 19-20, 2010 at the Embassy Suites Hotel and Conference Center in Norman, Okla. Register on-line at www.ali.ou.edu/FitnessTrainings.htm.

High Risk Kids Workshop

April 20-22, 2010 at the Lexington Hotel in Phoenix, Ariz. for more information call (800) 780-7230.

The tenth annual Wellness/ Healing Skills Training-Strategies for Indian Country

April 20-23, 2010 at the Rio Rancho Hotel and Conference Center in Rio Rancho, N.M. For more information call Frank Adakai at (505) 892-1700.

The American Indian Prevention Services Conference

April 21-22, 2010 at the Embassy Suites Hotel and Convention Center in Norman, Okla. For more information or to register visit www.ali.ou.edu.

The 12th annual National Native American Women's Conference-Succeeding and Exceling in the Workplace

April 21-22, 2010 at the Sandia Resort and Casino in Albuquerque, N.M. For more information call Christine Becker at (505) 967-5086.

Academic Excellence Workshop-From Micro-Management to Micro-Leadership

April 22-23, 2010 at the Sherton Uptown in Albuquerque, N.M. For more inforrmation visit www.stcstt.com/Docs/Agenda/Agenda-AcadExcel.

National Native American AIDS Awareness Day

April 24, 2010 at St. Crispin's, in Wewoka, Okla. For more information or to register call Gloria Zuniga or Kelly Gordon at (405) 946-7072.

The 31st annual National Indian and Native American Employment and Training Conference

April 25-30, 2010 at the Albuquerque Marriott in Albuquerque, N.M.For more information or to register visit www.ninaetc.net.

Roles and Responsibilities of Tribal Board and Council Members

April 20-21, 2010 at the Hard Rock Hotel in Las Vegas, Nev. For more information go to www.falmouthinstitute.com

Health reform legislation summary

By Yvette Roubideaux

Here is some information on the health reform legislation passed on March 23, 2010 – H.R. 3590/Public Law 111-148 – the Patient Protection and Affordable Care Act. There are many provisions that help American Indians and Alaska Natives who want access to affordable health insurance, or who already have insurance.

The Senate health reform bill requires most individuals to have health insurance. However, American Indians and Alaska Natives are not subject to the penalty for not obtaining health insurance if they are eligible to and receive health services provided through the IHS, an Indian tribe, a tribal organization, or a Title V Urban Indian health program.

The Senate health reform bill creates a state-based health exchange through which individuals and small businesses can purchase health insurance coverage. The intent of this is to create more affordable insurance options and allow comparison of plans.

American Indians and Alaska Natives who purchase health insurance through the exchange do not have to pay co-pays or other cost-sharing if their income is under 300 percent of the federal poverty level.

The value of health services/benefits from IHS-funded health programs or Tribes will be excluded from an individual's gross income so it cannot be taxed.

The Senate bill also expands Medicaid coverage to individuals with incomes up to 133 percent of poverty level.

For individuals who have Medicare Part D coverage (medication costs), I/T/U spending will count toward the coverage gap (donut hole).

Americans will see immediate benefits as a result of health reform · The president signed into law yesterday the health reform bill that brings down health care costs for American families and small businesses, expands coverage to millions of Americans and ends the worst practices of insurance companies. And it begins to do so this year.

After yesterday, all that is left to be done is for the Senate to pass technical corrections to this legislation. But now that this bill is signed, Americans will begin to see significant benefits take effect this year, with other important reforms following shortly after.

This bill will immediately begin to lower health care costs for American families and small businesses.

- In 2010, small businesses that choose to offer coverage will begin to receive tax credits of up to 35 percent of premiums to help make employee coverage more affordable.
- In 2010, adults who are uninsured because of pre-existing conditions will have access to affordable insurance through a temporary high-risk pool.
- This bill starts to close the Medicare Part D donut hole in 2010 by providing a $250 rebate to Medicare beneficiaries who hit the gap in prescription drug coverage. And beginning in 2011, the bill institutes a 50 percent discount on prescription drugs in the donut hole.
- Starting this year, new private plans will be required to provide free preventive care: no co-payments and no deductibles for preventive services. And beginning Jan. 1, 2011, Medicare will do the same.
- In 2010, this bill will provide help for early retirees by creating a temporary re-insurance program to help offset the costs of expensive premiums for employers and retirees age 55-64.

Under health reform, Americans will see an immediate expansion of coverage.

- This year, children with pre-existing conditions can no longer be denied health insurance coverage. The bill outlaws that practice for new health plans as well as grandfathered group plans. Moving forward, no insurance company can deny a child coverage based on his or her health.
- This year, new health care plans and select grandfathered plans will allow young people to remain on their parents' insurance policy up until their 26th birthday.
- This year, insurance companies will be banned from dropping people from coverage when they get sick, and they will be banned from implementing lifetime caps on coverage. This year, restrictive annual limits on coverage will be banned for new plans and grandfathered group health plans. Under health reform, Americans will be ensured access to the care they need.
- The bill increases funding for community health centers so that nearly double the number of patients can be treated in their community health centers over the next five years. The funding begins in the next fiscal year.
- The health reform bill will increase the number of primary care doctors, nurses, nurse practitioners and physician assistants through new investments. This funding takes effect in the next fiscal year.

Health reform will immediately curb some of the worst insurance industry practices and strengthen consumer protections.

- Beginning this year, this bill creates a new, independent appeals process that ensures consumers in new private plans have access to an effective process to appeal decisions made by their insurer.
- Starting Jan. 1, 2011, insurers in the individual and small group market will be required to spend 80 percent of their premium dollars on medical services. Insurers in the large group market will be required to spend 85 percent of their premium dollars on medical services. Any insurers who don't meet those thresholds will be required to provide rebates to their policyholders.
- This year, discrimination based on salary will be outlawed. New group health plans will be prohibited from establishing any eligibility rules for health care coverage that discriminate in favor of higher-wage employees.
- This bill holds insurance companies accountable for unreasonable rate hikes. Starting in 2011, it helps states require insurance companies to submit justification for requested premium increases. Any company with excessive or unjustified premium increases may not be able to participate in the new health insurance exchanges.
- Beginning this fiscal year, this bill provides funding to states to help establish offices of health insurance consumer assistance in order to help individuals in the process of filing complaints or appeals against insurance companies.

Records in Arizona sweat lodge case offer details

(PRESCOTT, Ariz.) - Documents released Thursday March 18, 2010 in the case of a motivational speaker charged with manslaughter expand on the already wide range of experiences participants reported having during an Arizona sweat lodge ceremony.

James Arthur Ray, who led the ceremony as part of his ``Spiritual Warrior'' retreat, faces manslaughter charges in the deaths of three people who entered the sweat lodge near Sedona last year, and suffered heat stroke and hyperthermia. Ray has pleaded not guilty.

The more than 50 people inside the pitch-black sweat lodge all could be called to testify during Ray's trial slated to begin Aug. 31, 2010.

Prosecutors also have identified as potential witnesses more than two dozen other people who attended past events led by Ray and about 10 people who worked for him.

Twelve jurors could end up hearing more than 55 days of testimony from witnesses.

Some participants of the October retreat have told authorities that Ray took heed to the concerns expressed inside the sweat lodge and tended to the ill afterward.

Other people have said Ray did nothing as participants vomited and lay unconscious on the ground.

Still others appeared torn, a detective noted in the documents released.

Stephen Ray, who was among the 18 people hospitalized following the ceremony, said he hasn't recouped his sense of taste or smell and still has ringing in his ears, severe headaches and trouble sleeping.

He said James Ray ``showed a callous disregard for the participants because of his own ego and greed.''

Christine Mattern said she emerged from the ceremony feeling that ``everything that I was experiencing was probably normal'' but suggested Ray could have broken up those at the retreat into small groups for the ceremony in order to better care for participants.

Ray sat near the opening of the 415-square-foot sweat lodge and poured water over a pile of hot rocks that was placed in the center. Sweat lodges commonly are used by American Indian tribes to cleanse the body.

Tammy Eshelman, Ray's former executive assistant, told authorities that Ray's skills as a trainer and teacher were amazing and didn't believe he intended to hurt anyone.

``Yet it happened, and he has to have some responsibility for it,'' she said. ``You can't just go, 'oh, darn.''

Megan Fredrickson, who most recently served as the director of operations for Ray's Carlsbad, Calif.-based company, James Ray International, said her experience with sweat lodges came solely from those led by Ray. But she recounted few details of the six she has attended.

Fredrickson said no one was monitoring the temperature in the sweat lodge. Most participants acknowledged they understood the heat would be intense and said Ray told them vomiting and passing out were

*See **sweat lodge**, page 9*

ENVISION THE FUTURE OF THE

TSISTISTAS & HINONO'EI

2010 Student Art Competition

Envisioning the Future of the Tsististas and Hinono'ei is the theme for the Cheyenne and Arapaho Tribes' 2010 Comprehensive Planning Student Art Competition. The competition, which celebrates the continuation of our unique culture, is open to all federally recognized tribal students in grades pre-K through 12 within the historical boundaries of the Cheyenne and Arapaho tribal lands. The deadline for submissions is **May 14, 2010**.

By supporting this competition, the Planning Office and R.E.Sp.E.C.T. programs hope to inspire students to explore the future of their native culture through visual and performance arts. Entries for the student art competition should relate to the theme, ***Envisioning the Future of the Tsististas and Hinono'ei*** and reflect the importance of their culture and heritage as the future generations of the Cheyenne and Arapaho Tribes.

Submissions will be judged in four different grade levels and prizes will be awarded to 1st, 2nd and 3rd place winners in both the visual arts and performance arts categories.

In recognition of our students' artistic talents, winning entries of the visual arts category will be included in a traveling exhibition at the Cheyenne and Arapaho Tribal College in Weatherford, Okla., the Oklahoma Historical Society and the Oklahoma City History Center in Oklahoma City. (Confirmation of these and other possible sites are still in progress.)

Winning entries of the performance arts category will be asked to perform their submission at the 66th annual Cheyenne and Arapaho powwow as part of our Labor Day celebration in Colony, Okla.

The student art competition rules require that a student register their entry prior to submission. For additional information, rules and entry form, please visit www.c-a-tribes.org, email manquoe@c-a-tribes.org or call (800) 247-4612, ext. 27620.

Creating a Plan Based on the Voices of the Tsististas & Hinono'ei

Calendar of Events

Kiowa Tribe Indian Child Welfare Powwow

April 2, 2010 at the Red Buffalo Hall in Carnegie, Okla. Gourd dance begins at 6 p.m. Grand entry at 7:30 p.m. Contests and social dancing from 7:30 to 11:30 p.m. For more information call Summer at (580) 654-2349 or by email at smorgan@kiowatribe.net.

"The Moving Wall" benefit dance

April 3, 2010 at the Tri-County Building in Geary, Okla. Supper is at 5 p.m. with dance to follow. The traveling Vietnam War Memorial will be at the 79th annual American Indian Exposition opening ceremonies at 10 a.m. Aug. 5, 2010. A special invitation is sent to all tribal princesses. Raffle and cake walk items appreciated.

R.E.Sp.E.C.T. Easter Egg Hunt

At noon April 3, 2010 at the Concho ball fields and Clinton Activity center. For more information, call (800) 247-4612 ext. 27570 or 27585.

R.E.Sp.E.C.T. Elders Day Out

From 10 a.m. to 3 p.m. April 7, 2010 at the Watonga Community Building in Watonga, Okla. For more information call (800) 247-4612 ext. 27570 or 27585.

Third annual "Preparing for the seventh generation: The journey continues in commercial tobacco control"

April 7, 8, 9, 2010 at the National Center for Employee Development, 2801 State Highway 9 in Norman, Okla. No registration fee.

Northern Arapaho Sundance sponsor dance

For Ryan Ortiz and Alfred Spoonhunter, Jr. April 10, 2010 at the Watonga Multi-Purpose Building, in Watonga, Okla. Supper at 5 p.m. with dance to follow. Special invitation to all Arapaho chiefs. No giveaway to the head staff, just to the Sundance sponsors. For more information, contact the sponsors, Grant Fletcher and the Lumpmouth family, at (405) 884-2241.

Oklahoma Indian Nation benefit dance

April 10, 2010 at Darlington School. Supper at 5 p.m. Dance to follow. All tiny tot, junior and senior 2010 princess candidates invited. For more information, call Christine Morton at (405) 476-1134.

Oklahoma City University Native American Society annual spring contest powwow

April 10, 2010 at the OCU Freede Wellness Center in Oklahoma City.

J.O.M. Meeting

At 6:30 p.m. Tuesday, April 13, 2010 at the Thomas Indian Educational Building in Thomas Okla. For more information contact Teresa Rice at (580) 302-1709.

Apache Rattlesnake festival/powwow

April 15-18, 2010 at Fair Park in Apache, Okla. For more information, call Clorandia at (580) 588-2060 or e-mail clorandiatsatoke@yahoo.com.

Symposium powwow

April 16-17, 2010 at the NSU campus UC ballroom in Tahlequah, Okla. For more information, call (918) 444-4350 or e-mail tribalstudies@nsuok.edu or visit www.cts.nsuok.edu.

Corey Sage graduation dance

April 17, 2010 at the Concho Community Building in Concho, Okla. Gourd dance at 2 p.m. and supper at 5 p.m. For more information call Anna Sage at (405) 422-1166.

R.E.Sp.E.C.T. 6 and under soccer tournament

At 10 a.m. April 17, 2010 at the Concho ball fields. Deadline to enter is April 13, 2010. For more information call (800) 247-4612 ext. 27570 or 27585.

Lillian Althea Clair Horse's first Birthday Dance

April 17, 2010 at the Geary Community Hall, Geary, Okla. Gourd dance begins at 3 p.m. Supper at 5 p.m. For more information contact Aprill Watan at (580) 890-0242.

Nigel C. Hampton Fundraiser Benefit Dance

April 17, 2010 at the Watonga Multi-Purpose Building in Watonga, Okla. Supper at 4 p.m. with dance to follow. For more information contact Pauline Daukei at (580) 623-2218.

Gathering of Nations powwow

April 22-24, 2010 at the University of New Mexico football field in Albuquerque, N.M. (Across the street from the Pit). Visit www.gatheringofnations.com for more information.

Cheyenne and Arapaho Pioneer Days

April 23-24, 2010 in Hammon, Okla. Parade, Cheyenne-Arapaho run, rodeo, carnival, fireworks, dance, arts and crafts, quilt show, flea market, cook-off, and more. For more information, call Edward Timms at (580) 488-2939.

Oklahoma Select Spring Fling Basketball Fest

April 23-25, 2010 at the Crooked Oak Gyms in Oklahoma City. Boys and girls' teams from grades 3 to 12. $125 entry fee. For more information or to enter a team call Trevor White at (405) 425-9784 or Carolyn Guion at (405) 410-1449.

Fourth annual All Nations Skate Jam 2010

April 24 and 25, 2010 in Albuquerque, N.M. with Native Threads sponsored skateboarder Bryant Chapo. Gates open at 8 a.m. on April 24. Tickets are $4 for adults, $3 for children, $2 for seniors, and children under 5 get in FREE. Discount tickets for people wishing to attend both days of the event are available. For more information, visit AllNationsSkateJam.com.

President Obama donates $125,000 of Nobel Prize money to American Indian College Fund

(DENVER) President Barck Obama announced March 11, 2010 that he will donate $125,000 of his $1.4 million Nobel Peace Prize monies to the American Indian College Fund (the Fund). In a statement issued by the White House, Obama said of the Fund and nine other charity organizations that received donations from the president.

"These organizations do extraordinary work in the United States and abroad helping students, veterans and countless others in need," Obama said. "I'm proud to support their work."

"We are thrilled that President Obama has chosen to publicly acknowledge the work the American Indian College Fund is doing in Indian Country by sharing $125,000 of his prestigious Nobel Peace Prize award with us," said Richard B. Williams, president and CEO of the American Indian College Fund. "As a result of President Obama's vision and leadership, through his donation to the Fund along with nine other outstanding charities, he is setting an example for how all Americans can help those less fortunate. The gift will be used to support Native scholarships at America's 33 accredited tribal colleges and universities."

According to the White House statement, these charities include Fisher House, which provides housing for families of patients receiving medical care at major military and VA medical centers; the Clinton-Bush Haiti Fund, which raises money for long-term relief efforts in Haiti after its earthquake; College Summit, which partners with elementary and middle schools and school districts to increase college enrollment and student preparation; the Posse Foundation, a scholarship organization which identifies public high school students with academic and leadership potential who may be overlooked by traditional college selection processes; the United Negro College Fund, which helps 60,000 students yearly to attend college through scholarship and internship programs; the Hispanic Scholarship Fund, the nation's leading Hispanic scholarship organization; the Appalachian Leadership and Education Foundation, which supports and enables young Appalachians to pursue higher education though scholarship and leadership curriculum; AfriCare, which supports health and HIV/AIDS, food security and agriculture, and water resource development projects in 25 countries; and the Central Asia Institute, which promotes and supports community-based education and literacy, especially for girls, in remote regions of Pakistan and Afghanistan.

About the American Indian College Fund

With its credo "Educating the Mind and Spirit," the Denver-based American Indian College Fund is the nation's largest provider of private scholarships for American Indian students, providing more than 5,000 scholarships annually for students seeking to better their lives and communities through education at the nation's 33 accredited tribal colleges and universities.

For more information about the American Indian College Fund or to make a donation, visit www.collegefund.org.

Secretary seeks fast track to process claims

Focus on 200,000 veterans expected to file claims under new Agent Orange presumptives over next two years

(WASHINGTON, D.C.) – The Department of Veterans Affairs (VA) announced March 9, 2010 an aggressive new initiative to solicit private-sector input on a proposed "fast track" veterans' claims process for service-connected presumptive illnesses due to Agent Orange exposure during the Vietnam War.

"This will be a new way of doing business and a major step forward in how we process the presumptive claims we expect to receive over the next two years," Secretary of

Veterans Affairs Eric K. Shinseki said. "With the latest, fastest, and most reliable technology, VA hopes to migrate the manual processing of these claims to an automated process that meets the needs of today's veterans in a more timely manner."

Over the next two years, about 200,000 veterans are expected to file disability compensation claims under an historic expansion of three new presumptive illnesses announced last year by Secretary Shinseki. They affect veterans who have Parkinson's disease, ischemic heart disease and B-cell leukemias.

In practical terms, veterans who served in Vietnam during the war and who have one of the illnesses covered by the "presumption of service connection" don't have to prove an association between their medical problems and military service. This "presumption" makes it easier for Vietnam veterans to access disability compensation benefits. Vietnam

Veterans are encouraged to submit their claims as soon as possible to begin the important process of compensation.

Along with the publication of proposed regulations for the three new presumptives this spring, VA intends to publish a formal request in Federal Business Opportunities for private-sector corporations to propose automated solutions for the parts of the claims process that take the longest amount of time. VA believes these can be collected in a more streamlined and accurate way.

Development involves determining what additional information is needed to adjudicate the claim, such as military and private medical records and the scheduling of medical examinations.

With this new approach, VA expects to shorten the time it takes to gather evidence, which now takes on average over 90 days.

Once the claim is fully developed and all pertinent information is gathered, VA will be able to more quickly decide the claim and process the award, if granted.

The contract is expected to be awarded in April with proposed solutions offered to VA within 90 days. Implementation of the solution is expected within 150 days.

"Veterans whose health was harmed during their military service are entitled to the best this nation has to offer," Shinseki said. "We are undertaking an unprecedented modernization of our claims process to ensure timely and accurate delivery of that commitment."

Last year, VA received more than one million claims for disability compensation and pension.

VA provides compensation and pension benefits to over 3.8 million veterans and beneficiaries.

Presently, the basic monthly rate of compensation ranges from $123 to $2,673 to veterans without any dependents.

Disability compensation is a nontaxable, monthly monetary benefit paid to veterans who are disabled as a result of an injury or illness that was incurred or aggravated during active military service.

For more information about disability compensation, go to www.va.gov.

Diseases associated with Agent Orange:

Veterans may be eligible for disability compensation and health care benefits for several conditions now associated with exposure to Agent Orange or other herbicides. The list of conditions recently has been expanded to include:

- B cell leukemia.
- Ischemic heart disease.
- Parkinson's disease.
- Chloracne.
- Chronic Lymphocytic Leukemia.
- Diabetes Mellitus (Type 2).
- Hodgkin's disease.
- Multiple Myeloma.
- Non-Hodgkin's lymphoma.
- Porphyria Cutanea Tarda.
- Prostate cancer.
- Respiratory cancers.
- Acute and Subacute Transient Peripheral Neuropathy
- AL Amyloidosis
- Soft Tissue Sarcoma (other than Osteosarcoma, Chondrosarcoma,

Kaposi's sarcoma, or Mesothelioma).

Information You Need to Know:

WHO: All female and male veterans with special emphasis for those who had service-connected exposure to Agent Orange or other herbicides. Widows may also be eligible for benefits.

WHAT: Information on disability benefits associated with Agent

Orange. Veteran enrollment in the VA Healthcare System.

Native American Indians have a unique opportunity to establish dual enrollment in both the Indian Health Service and the VA Healthcare system.

meningitis

Continued from page 6

severe cases or for people with weak immune systems

Q: How is the virus spread?

A: Different viruses that cause viral meningitis are spread in different ways. Enteroviruses, the most common cause of viral meningitis, are most often spread through direct contact with an infected person's stool. The virus is spread through this route mainly among small children who are not yet toilet trained. It can also be spread this way to adults changing the diapers of an infected infant. Enteroviruses and other viruses (such as mumps and varicella-zoster virus) can also be spread through direct or indirect contact with respiratory secretions (saliva, sputum, or nasal mucus) of an infected person. This usually happens through kissing or shaking hands with an infected person or by touching something they have handled and then rubbing your own nose or mouth.

The viruses can also stay on surfaces for days and can be transferred from objects. Viruses also can spread directly when infected people cough or sneeze and send droplets containing the virus into the air we breathe.

The time from when a person is infected until they develop symptoms (incubation period) is usually between three and seven days for enteroviruses. An infected person is usually contagious from the time they develop symptoms until the symptoms go away. Young children and people with low immune systems may spread the infection even after symptoms have resolved.

Q: Can I get viral meningitis if I'm around someone who has it?

A: If you are around someone with viral meningitis, you may be at risk of becoming infected with the virus that made them sick. But you have only a small chance of developing meningitis as a complication of the illness.

Q: How can I reduce my chances of becoming infected with viruses that can lead to viral meningitis?

A: Viral meningitis most commonly results from infection with enteroviruses. But there are other causes, such as measles, mumps, and chickenpox.

Viral meningitis can also be caused by viruses that are spread by mosquitoes and other insects that bite people. The specific measures for preventing or reducing your risk for viral meningitis depend on the cause. Following good hygiene practices can reduce the spread of viruses, such as enteroviruses, herpesviruses, and measles and mumps viruses.

Preventing the spread of virus can be difficult, especially since sometimes people are infected with a virus (like an enterovirus) but do not appear sick. In such cases, infected people can still spread the virus to others. Thus, it is important to always practice good hygiene to help reduce your chances of becoming infected with a virus or of passing one on to someone else:

o Wash your hands thoroughly and often. This is especially important after changing diapers, using the toilet, or coughing or blowing your nose in a tissue.

o Cleaning contaminated surfaces, such as handles and doorknobs or the TV remote control, with soap and water and then disinfecting them with a dilute solution of chlorine-containing bleach also may decrease the spread of viruses. This solution can be made by mixing ¼ cup of bleach with 1 gallon (16 cups) of water.

o Cover your cough. The viruses that cause viral meningitis can be spread by direct and indirect contact with respiratory secretions, so it is important to cover your cough with a tissue or, if you do not have a tissue, to cough into your upper arm. After using a tissue, place it in the trash and wash your hands.

o Avoid kissing or sharing a drinking glass, eating utensil, lipstick, or other such items with sick people or with others when you are sick. Receiving vaccinations included in the childhood vaccination schedule can protect children against some diseases that can lead to viral meningitis. These include vaccines against measles and mumps (the MMR vaccine) and chickenpox (the varicella-zoster vaccine).

Avoiding bites from mosquitoes and other insects that carry diseases that can infect humans may help reduce your risk for viral meningitis. Source: Centers for Disease Control and Prevention and MMWR Reports

Julie A. Erb-Alvarez, MPH LCDR, U.S. Public Health Service, Area Epidemiologist, Indian Health Service - Oklahoma City Area Office

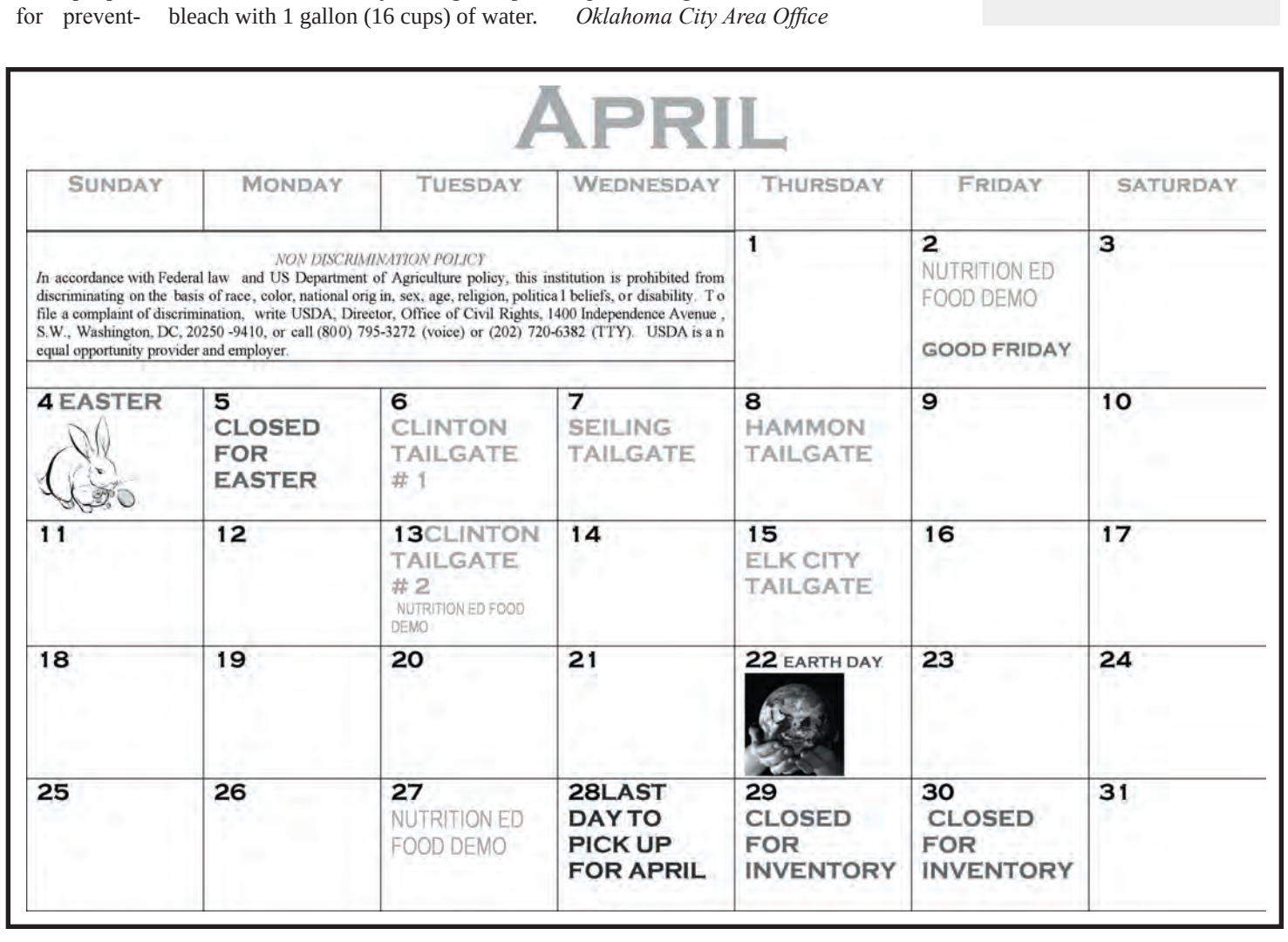
Fact vs. Fiction

Continued from page 6

Myth: If the bread I'm eating is brown in color, it must be whole wheat or whole grain.

Fact: This is false. You cannot always tell a grain by its color. There are many "white" types of bread that have a brown coloring to them. Many white breads can contain ingredients such as molasses and caramel food coloring, which can give the grain a brown appearance. Also, some whole grains can have a lighter appearance, such as oatmeal, rice, corn and whole white wheat.

For questions concerning nutrition, diabetes or weight management, please contact the Cheyenne and Arapaho Diabetes Wellness Program at (405) 422-7688.


APRIL
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3
4 EASTER
5 CLOSED FOR EASTER
6 CLINTON TAILGATE # 1
7 SEILING TAILGATE
8 HAMMON TAILGATE
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27 NUTRITION ED FOOD DEMO
28 LAST DAY TO PICK UP FOR APRIL
29 CLOSED FOR INVENTORY
30 CLOSED FOR INVENTORY
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Text4Baby is launched to help mothers

Submitted article

Led by the National Healthy Mothers and Healthy Babies Coalition, in partnership with the US Department of Health and Human Services and the Administration for Children and Families, Text-4Baby is a mobile health information service that will provide free, health-related text messages to pregnant women and new mothers who voluntarily enroll in the service.

Brief text messages will be sent to new and expectant mothers three times per week to inform them on widely accepted and highly vetted scientific guidelines to promote healthy births, especially among traditionally underserved populations.

The Administration for Children and Families is working collaboratively with the White House Office of Science and Technology, CTIA Wireless Foundation, Johnson and Johnson and other public and private partners on this project.

Text4Baby offers a unique opportunity to use the power of mobile health technology to provide underserved, hard to reach, and higher risk populations with critical health information. For more information, visit http://www.acf.hhs.gov/programs/ocs/afi/Text-4baby_Summary.pdf or www.hmhb.org.

text4baby
Pregnant?
A new mom?
There's a new FREE service to help you out! Text4baby provides totally free text messages 3 times a week with info to help you through your pregnancy and baby's first year.
Text BABY
(BEBE para Español)
to 511411
to sign up!
Text BABY to 511411
www.text4baby.org
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Report: Tribes key in renewable energy development

(FLAGSTAFF, Ariz.) - American Indian tribes have huge potential to develop renewable energy resources on their lands but first must overcome a number of challenges, namely financial, according to a report released March 23, 2010.

Tribal lands make up about 5 percent of the United States and hold an estimated 10 percent of the country's renewable resources.

Projects to harness the sun's energy, particularly in the southwest, and to use wind power in the Great Plains and Alaska's coastal Native villages are the most promising, the report by the National Wildlife Federation said.

But funding the projects and moving the power through transmission lines across reservations and onto the grid can be difficult. Among the recommendations in the report, some of which are being lobbied for in Congress, is to provide tribes with the same access to financial and technical resources that state and local governments have.

Tribal governments can be wary of state incentives for renewable energy development, which vary from state to state and require that tribes create a state-chartered organization to be eligible, according to the report. Doing so means tribes relinquish sovereign immunity and subject themselves to state law and reporting requirements.

Tribes, as tax-exempt entities, also do not benefit from a federal production tax credit for renewable energy projects. However, legislation pending in Congress would allow tribes to transfer their share of the tax credit to private entities financing projects in a joint venture.

Tribes also must consider whether to assess taxes on projects by non-tribal investors, which the state also would tax, and which could drive away the investors.

``They (tribes) have some burdens to overcome, but they do see the potential, especially with the resources,'' said Bob Gruenig, senior policy analyst with the National Tribal Environmental Council. ``With some of these barriers coming down, you'll see more of them getting into it.''

The more than 560 federally recognized tribes can apply for grants through the U.S. Department of Energy's Tribal Energy Program, but the funding is scarce - about $5 million a year.

A 2005 federal law authorized up to $20 million a year for the program, but it has no specific appropriations.

Of the 93 projects the program funded from 2002-2008, most have been for feasibility studies. Large-scale projects typically are possible only if they're close to transmission lines, which the report noted often skirt tribal lands and can cost $10,000 or more per mile.

``In the future, tribes must be included in the regional transmission line planning,'' the report said.

Tribal lands have the potential to produce 17.6 trillion kilowatt hours of electricity a year from solar power, about 4.5 times the total amount of electricity generated in the U.S. in 2004. The lands also are capable of producing an estimated 535 billion kilowatt hours of electricity per year from wind power.

The Campo Kumeyaay Nation outside San Diego hosts the only wind farm on tribal land in the country. It plans to invest $60 million in a second one, securing 20 percent ownership. The tribe will acquire full ownership of both wind farms after 25 years of operation.

Tribal Chairwoman Monique LaChappa said the tribe signed on as a lessee on the first wind farm to gain experience in the energy field.

In turn, the tribe got infrastructure development - a substation and transmission lines - on its land.

Ownership was a non-negotiable aspect of the second project, she said, which many companies interviewed didn't understand. The tribe eventually chose to partner with a Chicago-based wind farm developer and a San Diego electric company. Financing, some of which would come through bonding authority, is the next hurdle.

``My people said, 'We don't want to continue to be passive in agreements. We want to be owners and have the American dream like everyone else,''' LaChappa said.

Tribes face hurdles with sex offender registration

(SANTA ANA PUEBLO, N.M.) - Only two groups of Native American tribes and one state have implemented sex offender registration and notification systems that comply with a federal law passed nearly three years ago to coordinate and expand sex offender registration nationwide, a U.S. Justice Department official said March 10, 2010.

The deadline to implement registration programs that comply with the Adam Walsh Child Protection and Safety Act of 2006 is this summer, but many tribes and states are expected to file for extensions, said Stephanie LoConto, a senior policy adviser with the agency's office that coordinates sex offender registration and tracking.

``It's frustrating because the law was passed with no money, really, and we have these connectivity issues with DNA and fingerprints. So we're just trying to be the little engine that could and do the best we can,'' LoConto said.

Sex offender registration was among the topics at a three-day national symposium focused on the protection of children in Indian communities. About 300 tribal representatives, law enforcement officers, social workers and others from across the nation are attending the symposium.

The Adam Walsh Act, named after the slain son of ``America's Most Wanted'' television

See hurdles, page 10

sweat lodge

Continued from page 7

normal.

``Everyone's monitoring themselves, so it would be a matter of, if they felt that it was dangerous or their perception was that it was dangerous, then their monitoring would be choosing to exit,'' she said.

Prosecutors contend Ray recklessly crammed everyone inside. His attorneys have called the deaths of Kirby Brown, 38, of Westtown, N.Y., James Shore, 40, of Milwaukee; and Liz Neuman, 49, of Prior Lake, Minn., tragic accidents.

Meanwhile, Ray is taking his motivational messages to the Internet.

In a video posted online, James Arthur Ray says he's unable to produce live events but still has a deep desire and passion to help people in any way he can.

Ray invites people to join him online at least once a week so he can share tools and techniques, and insight and knowledge to deal with life's challenges.

His attorneys have said his Carlsbad, Calif.-based company, James Ray International, hasn't been bringing in revenue for months.

Ray has pleaded not guilty to three counts of manslaughter, stemming from the deaths of three following a sweat lodge ceremony he led in October near Sedona, Ariz.

CALENDAR of Events

Comanche Nation College Spring Powwow
May 1, 2010 at Watchetaker Hall, Comanche Nation Complex. For more information, call Brian Daffron at (580) 591- 0203.

Cheyenne and Arapaho tribes graduation banquet
At 5 p.m. May 5, 2010 at the Frisco Center in Clinton, Okla. For more information, call (800) 247-4612 x27560.

OIN Princess Coronation Dance
May 8, 2010 at Darlington School. For more information, contact Dara Franklin, at (405) 924-2787 or 262-5131 or Christine Morton at (405) 476-1134 or 422-7545.

Region 8 Indian National Finals
Arrington\McSpadden All Indian Rodeo Association of Oklahoma (Formerly known as A.I.R.A.O). Membership Rodeo May 8, 2010, First Tour Rodeo June 25-26, 2010, Region Rodeo: June 27, 2010. For locations and more information, call Brad Fish, president, at (405) 474-7847, Cheryl Glory, secretary, (918) 316-7684 or the INFR office at (406) 338-7684. Also visit www.infr.org. Must purchase INFR tour card to compete.

Tunica-Biloxi powwow
May 14-16, 2010 in Marksville, La. on the Chief Joseph Alcide powwow grounds – Tuncia-Buloxi reservation. Dance and drum competitions. For more information call (800) 946-1946 or visit tunicapowwow.org.

Celebration of Freedom 2010
May 28-31, 2010 Memorial Day weekend in Hobart, Okla. Featuring the Charlie Daniels Band and Gen. Tommy Franks. Tickets are $25 in advance and $35 day of concert. For tickets, call (580) 726-5900 or visit celebrationoffreedom.net for more information.

Chilocco Indian School 126th reunion
June 11, 2010 at Embassy Suites, 1815 S. Meridian, in Oklahoma City. For more information, call (405) 392-5536 or (405) 377-3587.

Tinker Inter-Tribal Council powwow
June 12, 2010 at Joe Barnes Regional Park in Midwest City, Okla. For more information, call (405) 733-3587.

Third annual Native American National Championships, Open Run Community 5,000 Meter Run
At 9:15 a.m. June 12, 2010 at the Southwestern Indian Polytechnic Institute (SIPI), 9169 Coors Blvd. NW, in Albuquerque, N.M. For more information contact the race director at SportsWarriorsTC@aol.com. Online registration at: http://www.active.com/event_detail.cfm?event_id=1847342.

Red Earth Festival
June 18-20, 2010 at the Cox Convention Center in Oklahoma City. For more information, call (405) 427-5228 or visit www.redearth.org

Indian Hills powwow
July 23-25, 2010

The 79th annual American Indian Exposition
Aug. 2-7, 2010 at the Caddo County Fairgrounds in Anadarko, Okla.

Wounded Knee Memorial Motorcycle Run
Aug. 6-7, 2010 from Fort Yates, N.D. to Eagle Butte, S.D. to Wounded Knee. Honoring the trail of Chief Big Foot. For more information, call Bruce Hansen at (262) 903-0869 or hansen@elknet.net

The 21st annual Oklahoma Indian Nations powwow
Aug. 6-8, 2010 in Concho, Okla. For more information, call Christine Morton at (405) 476-1134.

The Oklahoma Indian Nation Powwow Committee

is now accepting food vendor applications for the 21st annual celebration scheduled for Aug. 6, 7, and 8, 2010. Cost is $350 for three-day weekend. For more information, contact Christine Morton (405) 422-7545 or cm_arapaho@hotmail.com or Dara Franklin (405)262-5131 or dara_franklin@yahoo.com

COED VOLLEYBALL LEAGUE

The Respect Program—Clinton Site will be having a coed volleyball league starting on Friday April 2, 2010 and ending on Friday April 30, 2010, There will be a tournament at the end of the league on Saturday May 8, 2010.

***The League will be for Cheyenne and Arapaho tribal members only!**

***You must show your CDIB before playing first game**

***You must be 18 years or older to play**

***Eight person roster limit**

***Five players on the court, three women and two men NO EXCEPTIONS!!**

***DEADLINE TO SIGN UP A TEAM: by 5:00p.m Monday March 29, 2010.**

For more Information or to sign up your team contact Respect Clinton office at (580) 331-2601 or 2602

Elders Day Out

Wednesday, April 7th, 2010
Watonga Community Building
10:00 am— 3:00 pm

Transportation Schedule

Seiling—Shell Gas Station	9:00 a.m.
Canton– Shell Gas Station	9:30 a.m.
El Reno-Wal Mart	9:00 a.m.
Geary-Comm Bldg.	9:30 a.m.
Elk City-Love's	8:00 a.m.
Hammon-Comm Bldg	8:30 a.m.
Thomas-Terrier Express	9:30 a.m.
Clinton-Homeland	8:30 a.m.
Weatherford-Wal Mart	9:00 a.m.

For more information please contact the R.E.Sp.E.C.T. Program @ 1.800.247.4612 Ext. 27570 or 27585

Egg Decorating Contest

Easter Egg Hunt

Exercise Bingo

Happy Easter

Archival internship opportunities

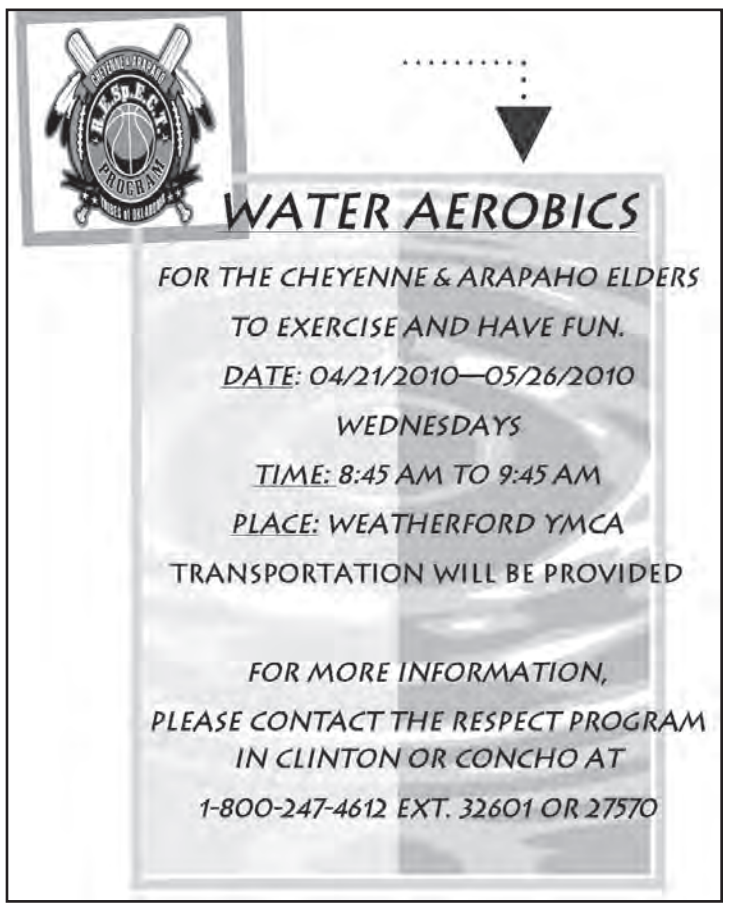
The Washington Center is recruiting for our Summer 2010 Federal Government Programs. Students selected for these competitive positions intern for ten weeks within the National Archives and Records Administration or the Department of Defense in Washington, DC. Certain positions will be focusing on organizing archival documents and records of particular interest to American Indian/Alaska Native communities. Diverse candidates are especially encouraged to apply.

Accepted participants receive scholarships to cover the cost of their Washington Center Program and Housing Fees, as well as a stipend. The exact amount of stipend depends on a number of factors, including whether the student is a graduate versus an undergraduate, whether they are living in The Washington Center's furnished housing, etc.

Qualifications:

United States citizenship. Be currently enrolled in an undergraduate or graduate program in an archival or related field of study (e.g., history, library and information science, museum studies, etc.) with a GPA of 2.5 or above. Undergraduate students must receive liaison approval if their school is affiliated with The Washington Center. Available for a ten-week period beginning May 26th, 2010. Demonstrated experience and/or strong interest in working for the federal government.

An online application can be found at http://secure.twc.edu. Students must additionally submit official transcripts to The Washington Center. For more information, contact Katie McKenzie at katie.mckenzie@twc.edu or (202) 238-7729. Applications are considered on a rolling basis, so students are encouraged to submit applications as soon as possible. However, applicants are encouraged to apply by March 31, 2010.



New federal grant available

DEADLINE: April 16.

The Indian Health Service Tribal Self Governance Program: Negotiation Cooperative Agreement & Planning Cooperative Agreement is making available $240,000 for eight negotiation awards and $600,000 for eight planning awards to help tribes take over the administration and negotiation of their healthcare programs.

ELIGIBILITY: Tribes.

The program promotes self-governance by enabling tribes to assume control of Indian Health Service (IHS) programs, services, functions, and activities, or portions thereof, through compacts negotiated with the IHS.

The Negotiation Cooperative Agreement provides a tribe with funds to help cover the expenses involved in preparing for and negotiating a compact and funding agreement with the IHS.

The Planning Cooperative Agreement enables a tribe to gather information on the current types of programs, services, functions, and activities to start preparing an organizational plan to begin administering their own health programs.

INSIDER'S TIP: Successful tribes should expect substantial IHS programmatic involvement to establish a process through which they can effectively take over their programs.

For more information, visit http://www.ihs.gov/NonMedicalPrograms/gogp/index.cfm?module=HHS-2010-IHS-TSGN-0001

Scholarship now available

Enrollment is open for the scholarship sweepstakes at Oklahoma State University-Oklahoma City.

The deadline to enter is April 30, 2010 for the summer semester and July 23, 2010 for the fall semester.

Students can apply for the sweepstakes in the university's admission office at 900 N Portland Ave, or online at www.osuokc.edu/sweepstakes.

University Scholarships for African American, Native American Hispanic American students

In recognition of the importance of fostering cross-cultural dialogue, Bahçes ehir University in Istanbul offers African American, Native American and Hispanic American students scholarships covering all tuition expenses.

Founded in 1998, Bahçes ehir University is among the most dynamic institutions of higher education in Turkey.

Based in Istanbul, Bahçes ehir - with its dedicated faculty, internationally recognized research and educational programs, study abroad opportunities and modern campus - aims to secure a place among the leading universities in the world.

In addition to the scholarships, the International Student Office at Bahçes ehir will assist prospective students in securing housing, which along with other living expenses (i.e. meals and public transportation), is not expected to exceed $1,000 per month.

Scholarships are subject to quotas and are awarded on a first-come, first-served basis. Interested students are encouraged to apply through the Turkish Coalition of America.

In addition to Bahçes ehir University's generous offer, eligible students can receive a scholarship from the Turkish Coalition of America of up to $2,000 per semester or academic year to assist with living expenses while they study in one of the most exhilarating study abroad destinations in the world.

To apply for TCA's Study Abroad in Turkey Scholarships, visit the following Web site: http://www.tc-america.org/scholarship/scholar_minority.html.

ITU Comprehensive Scholarships for Native American Students

In collaboration with TCA to promote educational exchanges between Turkey and Minority Serving Institutions in the United States, Istanbul Technical University (ITU) provides ten comprehensive (all expenses paid) scholarships to Native American students per semester.

Scholarships cover the cost of tuition and lodging, as well as a monthly stipend to help offset the cost of meals and transportation.

ITU was established in 1773 to educate chart masters and ship builders. Throughout its history stretching over 230 years, ITU has established some of Turkey's leading departments and modern educational facilities while retaining traditional values. ITU continues to collaborate with its strong international contacts to mould young, talented individuals who can compete in the global arena.

In addition eligible students can receive a scholarship from the Turkish Coalition of America. Visit www.tc-america.org/scholarship/scholar_minority.html.

Where's my Tribal Tribune?

Don't forget to change your mailing address with the Tribal Tribune office. We recently submitted our mailing list for NCOA compliance with the United States Postal Service and we received a list of approximately 269 addresses that we need to update or delete due to:

- Individual move
- New address from 911 conversion
- Directional (N, E, S, W) or suffix (St, Ave, Blvd, Rd) is missing
- Error in primary address
- Box closed
- No forwarding address

Remember, there is not a central database so if you change your address with one department it is not passed on to other departments/programs unless you request it. Please send your new address to:

Cheyenne and Arapaho Tribal Tribune
PO Box 38
Concho, OK 73022

You can also e-mail it to dattocknie@c-a-tribes.org or rmstephens@c-a-tribes.org or call (800) 247-4612 x27608 or x27446.

Please also include your old address so we can delete it from our mailing list. One newspaper is sent to each address given unless the address is an institution. Enrolled Cheyenne and Arapaho tribal members receive the bi-monthly newspaper for free; otherwise the annual subscription rate is $35. Thank you, Tribal Tribune staff

hurdles

Continued from page 9

host John Walsh, requires convicted violent sex offenders to register with local authorities, increases punishments for some federal crimes against children and strengthens child pornography protections.

The law gave tribes until July 27, 2007, to participate in an integrated, uniform registry system, and it allowed states to register sex offenders living in Indian Country in cases where tribes did not opt in to the system.

Tribes and states originally had until July 2009 to create a registry that includes offender descriptions, photographs, fingerprints, criminal history and DNA samples, as well as notify the community and create a Web site to make offender information available to the public.

Federal officials pushed that deadline back until this July. Tribes and states also can apply for an additional one-year extension.

As nearly 200 tribes have worked to come into compliance with the law, they have run into obstacles on state and local levels that prevent them from entering information about sex offenders, such as DNA and fingerprints, into national crime databases.

In Arizona, state law prevents tribes from accessing the databases to enter information, said Jesse Crabtree, a detective with the Fort McDowell Yavapai Nation's police department.

``We want to protect our kids at Fort McDowell and the cities and the state of Arizona also want to protect their kids, so it's just a matter of coordinating that,'' Crabtree said. ``Hopefully, with a little more work we can bridge those barriers and overcome them.''

Other tribes have voiced concerns about the costs of complying with the sex offender registration and notification requirements, including those that are in remote areas and lack needed technical infrastructure.

Tribes also have raised sovereignty issues, saying that meeting the requirements and being forced to work with outside entities to build their registries may permit unprecedented access to tribal court, membership and other records.

``Our state is good about working with tribal governments in many areas, but when it comes to sovereignty we're very protective,'' said Bernadine Burnette, vice president of the Fort McDowell Yavapai Nation.

Still, Burnette said it's possible through memorandums of understanding and other agreements that tribes and states can work together to ensure Indian communities are protected from sexual predators.

It's unclear how many sex offenders there are in Indian county, but the latest statistics from the National Center for Missing and Exploited Children put the number at over 700,000 nationally.

Ernie Allen, the center's president, said it's not unexpected that states and tribes will need more time to comply with the law given budget shortfalls and a lack of resources.

Ohio and the confederated tribes of the Umatilla Indian Reservation in Oregon and the Yakama Nation in Washington are the three that have complied with the law. New Mexico and Florida are close to reaching compliance and several tribes have submitted their plans to federal officials for review.

meeting

Continued from page 1

order prohibiting this resolution and three others to be heard here today."

Melvin Whitebird countered Kodaseet by saying the people present were the tribal council and "we have the right to get out the wrong and bring in the right."

After more debate, Lucien Twin stood to address the audience.

"My elders taught me the traditional way and it is not to fight amongst ourselves like you all are doing right now. We have a constitution and we have to abide by something, it's a constitution that you wanted. It was changed to reflect what we all wanted and voted on and approved by the BIA. If we are not going to abide by the written constitution, then it's not worth the paper it is written on," Twin said. "You have to understand the constitution, read it and understand it."

Twin shook his head and said he thought the tribe was going to go back to the way things used to be.

Hoffman called for the vote of the proposed resolution removing Lynn as tribal council coordinator. It passed with 110 for, 73 against and 4 abstaining.

Mary Youngbull was nominated by Big Horse as the new acting coordinator and won by acclamation due to no other candidates being nominated.

Following the vote approximately 20 tribal members chose to leave the meeting. They were verbally questioning the validity of continuing a meeting with 11 proposed resolutions and going against a court order.

Proposed resolution No. 2, "Resolution approving the 2010 Budget and Appropriations Act" was tabled due to a request from the author, Big Horse.

Proposed resolution No. 3, "Resolution repealing the Cheyenne and Arapaho Code of Ethics" was withdrawn by author Big Horse.

Proposed resolution No. 4, "Resolution authorizing the Governor to execute a new tobacco tax compact with the state of Oklahoma on behalf of the Cheyenne and Arapaho Tribes" passed with 123 for, 1 against and 1 abstaining.

Proposed resolution No. 5, "Resolution establishing the Tribes' policy on gubernatorial confirmations" passed with an amendment to remove the last paragraph, which stated "be it further resolved that this resolution shall supersede any and all preceding resolutions of the Tribal Council which conflict with its intent and purpose and specifically repeals Tribal Council Resolution No. 021096TC005, adopted Feb. 10, 1996," with a vote of 107 for, 0 against and 1 abstaining.

Proposed resolution No. 6, "Resolution establishing a tribal policy of transparency for all tribal revenues and expenditures and other transactions of public importance" passed with 123 for, 0 against and 0 abstaining.

Proposed resolution No. 7, "Resolution authorizing special consulting services contracts(s) for the department of economic development" passed with an amendment to change the language to read "A Resolution Authorizing Special Services Contract(s) for All Tribal Departments" with a vote of 155 for, 1 against and 3 abstaining.

Proposed resolution No. 8, "Resolution authorizing contract(s) for special prosecutor and independent investigator to examine allegations of unauthorized spending and other illegal acts under the Flyingman administration" was passed with an amendment to the language to read, "Resolution authorizing contract(s) for special prosecutor and independent investigator to examine allegations of unauthorized spending, unreasonable spending in excess of essential government functions and other alleged illegal acts of the Flyingman administration." The vote was 145 for, 0 against and 1 abstaining.

Proposed resolution No. 9, "Resolution authorizing the tribal council attorney to pursue civil action(s) to recover the tribes' financial losses arising from the unauthorized litigation and issues surrounding the management agreement with Southwest Casinos" passed with 125 for, 0 against and 0 abstaining.

Proposed resolution No. 10, "Resolution repealing tribal council policy requiring personnel policies and procedures" was withdrawn by author Big Horse.

Proposed resolution No. 11, "Resolution approving judicial appointments" was withdrawn by author Big Horse.

The only questions from the audience were during the passing of agenda item No. 1, No. 7 and No. 8.

No. 1 concerned Lynn's position as tribal council coordinator. She was elected as coordinator at the annual tribal council meeting on Oct. 4, 2008 to serve a two-year term.

Agenda item No. 7 pertained to entering into service contracts and was broadened to include all tribal programs instead of just the economic development program.

Agenda item No. 8 was pertaining to contracting investigator/special prosecutor to oversee investigation into alleged unauthorized spending by the Flyingman administration. Questions regarding the language "unauthorized" were brought before the tribal council. After discussion, the language was changed to include "unreasonable spending in excess of essential government functions."

Due to the two agendas at the meeting, Lynn filed a complaint with the trial court of the Cheyenne and Arapaho tribes on Monday, March 29, 2010.

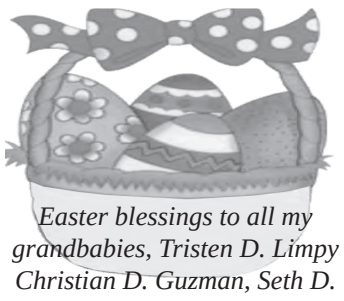
Case No. CIV-2010-0029, Rachel Lynn vs. Ida Hoffman and Mary Youngbull states in part "hold the acting Tribal Council Coordinator and Chairman of the March 27, 2010 Tribal Council Meeting in contempt of court for knowingly and blatantly ignoring an order issued by the Trial Court in Old Crow v. Lynn, CIV-2010-0026, prohibiting the consideration of certain proposed Tribal Council Resolutions, including a Resolution seeking to (improperly) remove Plaintiff from her official position of Tribal Council Coordinator and to deny Plaintiff her salary."

No judgment has been rendered in this case as of the printing date for the April 1, 2010 issue of the Cheyenne and Arapaho Tribal Tribune.

HAPPY BIRTHDAY

Happy Birthday Aliah
From all your friends at
Clinton Head Start

Happy Birthday mom!
March 29
You are a wonderful person, but most importantly a great MOM! I love you and may God continue to bless you!
Love, Jerica



Easter blessings to all my grandbabies, Tristen D. Limpy Christian D. Guzman, Seth D. Tiger, Eliaz Bluesky Limpy, Christa D. Limpy, Beth Littlebird, Sonia M. Hoffman, Samantha N. Tiger, Shevela A. Tiger, Shonae D. Whiteman, baby Janae A. Limpy, and Sancha Littlebird.
May God bless each of you and I want you all to know that I love each of you. God created you to be a blessing to me and others. Stay in school, do your best in all you do and pray!
Keeping each of you in my prayers everyday
Love grandma Leona
Rejoice in the Lord
Romans 8:28

Happy 3rd Birthday
Phallyn Vai-April 3
Love mommy, daddy and Christian

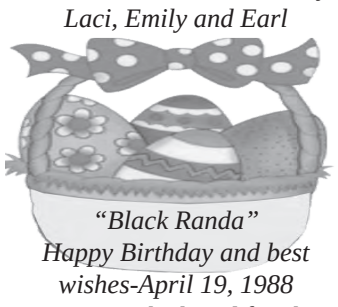
Wishing my lil bro "$mugg$" a Happy Birthday-March 26
"Ya dig?" Love you from your big bro Henry
Wishing my lil sis Stacey Renee a Happy Birthday March 31
"Ya dig?" Love you from your big bro Henry
Wishing our beloved gran a Happy Birthday up in heaven March 8. You are truly missed and loved. From your grandchildren of the Richard and Goodbear families
Wishing my cuz Michael Dean "Mad Dog" Spottedcorn a Happy Birthday March 17
"Ya Dig?" Love you from your cuz Henry

CONGRATULATIONS

Brandon C. Whiteman for receiving Student of the Month one last time before graduation and for making the Renaissance list! We're so very proud of you son! You have had a tough senior year, but you've made it baby! Only two more months until graduation! Woohoo!

Keep doing what you do and know that we are proud of you every minute of everyday. We love you and wish you the best! Love you, mom and dad (Janna & Travis)

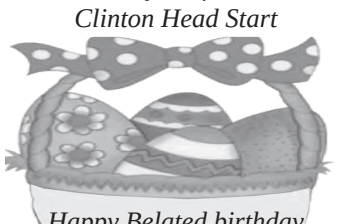
Happy Birthday Carmen Jean Gray II (CJ)-March 30
Always put God first in everything you do. Always obey the ten commandments. Always pray before you start the day and always pray before bedtime. Always love and repect your elders.
We love you always, mom Carmen Yellow Eagle Gray, Jinxie, Hauli, Charles, Mikey, Laci, Emily and Earl



"Black Randa"
Happy Birthday and best wishes-April 19, 1988
Love B. Black and family

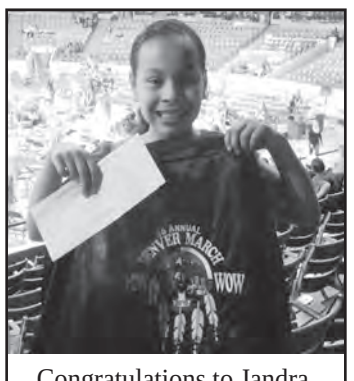
Happy 24th Birthday to our beautiful baby girl
Krista Blackwolf
We love you, our lil' nephew and our soon-to-be niece
Love mom, dad, Sonny, Conley, Todd and Boyd

Happy Birthday Raul Lozano
From all your friends at
Clinton Head Start



Happy Belated birthday
March 25, 1983 Rag-Naly
Have a "goot" one. Best wishes, love da'Blacks

Happy 11th Birthday
Tara Moss-April 2
Love your family



Congratulations to Jandra Alisia Levi of El Reno, Okla. for being the 2010 Denver March Powwow Jr. Girls Jingle CHAMPION!

Happy Birthday
Chezdon Bissett
From all your friends at
Clinton Head Start

Happy 9th Birthday
brother bear!
Joshua Seth Littleman
April 25
We love you very much! Have a great birthday with lots of love, mom, dad, big sister Cassandra, friends and family

Happy Birthday mommy
Hannah Ailene Little Coyote
April 1
Love your pride and joy,
Cayden Mae and Cameron Lee

Happy Birthday
Morgan Bullcoming
April 14
Love from all your family

Welcome

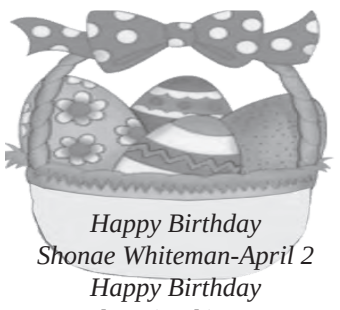
Jesse Jaree Thunderbull, Jr. would like to announce the birth of his new baby brother, Isaiah Keith Thunderbull born March 10, 2010 at 5:01 p.m.

His parents are Michelle Whitlow and Jesse Thunderbull, Sr.

His maternal grandparents are Roberta Sleeper Whitlow and the late Eastman Whitlow, Jr.

His paternal grandparents are Jeanie Thunderbull and Jesus Duran.

Happy Birthday wishes to my brother Clyde K. Fletcher
March 29, 1955
Your big sis, Georgia A. Emhoolah



Happy Birthday
Shonae Whiteman-April 2
Happy Birthday
Andrea (Andi) Limpy
April 15
Happy Birthday
Janae Andrea Limpy
April 26
May God bless you all, not only on your birthdays but in your everyday lives. You each are a blessing in your own unique way and I love you very much.
L.O.L. mom/grandma

"Stop ... in the name of love" so we can wish you a Happy Birthday!
The secret supreme Micki Black
You can sing and dance better than Diana Ross!
Thanks for being a fun mom and grandma! We love you!
Hope you have a wonderful and blessed birthday! Your first "baby love", LaRenda, granddaughter Raven, and son-in-law, Victor Morgan, Sr.

Happy 3rd Birthday
Shonae Darrien Whiteman
We love you!
Love, Sami, Seth, Shavella, mom and dad

In Loving Memory
Jene Crawford Swain
March 27, 1939-Feb. 21, 2010

Jene Crawford Swain was born on March 27, 1939 and went home to be with his heavenly Father on Feb. 21, 2010. He passed away at his home in Alva, Okla.

Swain was an only child, born to Adelbert and Bertha Swain of Avard, Okla.

He graduated from Avard High School and later became employed with the Oklahoma State Highway Department (ODOT) for 38 years. He retired in 1997.

Swain was a faithful and loving companion to Rosa M. (Dillo) Whiteshield. Swain loved fry bread and corn soup and also enjoyed cooking, traveling and fishing. Swain was a kind man and faithful to God.

Swain attended the Seiling Assembly of God church in Seiling, Okla.

Swain was loved by his family and relative and was a great help to us all in our times of loss, needs and heartaches.

Happy Birthday
Eathan Morales
From all your friends at
Clinton Head Start

Happy 12th Birthday Isiah!
April 1
Love daddy and Summer

Happy Birthday Monica
From all your friends at
Clinton Head Start

Tea Friday Anderson
March 15
Euh-Rah 32nd Birthday
Your international tribe
Mary Friday Calvillo

Happy Belated 7th Birthday
"lil" Miss Reyzha
March 27
Love you lots, mom, dad, grama Quoint, grama Judy and all your uncles and aunties

To All Tribal Members
Have a joyous, safe and blessed Easter. God Bless you All.
Go find all da' eggs.
From B. Black

Happy 8th Birthday to my Chunky Monkey Man!
Elijah Tall Bear-Sage
April 6, 2002
Love, your momma, Cody, Lylah, papa, grandma, Margaret, TM, Blaine, Brandy, Baylee, Tori, unkie Mitch, unkie De, Jeannie, Andy, Macey, and Little

Happy Birthday Baby
Johnnie L. Perkins
April 8
For one human being to love another. That is perhaps the most difficult of all our tasks, the ultimate, the last test and proof, the work for which all other work is but preparation. We have been together over a year now and you are so much a part of my life and I thank you for loving me.

Happy Birthday Dae-T-Nutty
April 19, 1988
Be happy, it's your day! Gosh you are getting old!
Love your family, da'Blacks

Happy Belated 2nd Birthday
Sweetie Shawnee
Feb. 2,2008
Happy birthday to our beautiful princess. We love you very much may God bless you and keep you safe! Love always and forever, mommy, daddy, mah-mah, baby Talulah, your aunts Kristy, Cathy, Cheryl, Mariah, your uncle Jasper all your cousins and the rest of the Sankadota family

Thank You

I would like to express my heart felt appreciation and thankfulness to all my nephews and family for the help that was given to me at the loss of my faithful companion, Mr. Jene Swain.

He will be missed and was loved by the whole family. We were blessed to have Jene and he gave his love and time to all of my family.

In our lifetime we meet and have the privilege to make friends that are truly a blessing. Jene was that blessing for our family.

Please continue to keep us all in your prayers and our family would like to say thank you to all who had a part in the meal, the give-away and just for being there for us.

My prayer, my families' prayers is for the Lord to bless and prosper all of you health, in finances, in your spiritual walk, physically and mentally.

If I left anyone out, please forgive me. God bless you all and I love you.

Ms. Rosa (Dillo) Whiteshield and family

Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: eolguin@c-a-tribes.org

Network Engineer COMIT

QUALIFICATIONS:

Design detailed configurations for advanced Local Area Network Solutions Plan and deploy advanced network communications solutions effectively. Assess and monitor a complex network to ensure service is provided as designed. Perform advanced network communications troubleshooting. Perform routine IT service calls. Tracks and stays on top of all open help requests. Two-five years experience performing above duties. Certifications a plus.

SALARY: Negotiable

Legislative Clerk Legislative Branch

QUALIFICATIONS:

Degree and/or training that includes business administration or management familiarity and experience with law and court procedures. Two years coordinating, supervisory, and clerical experience. Effective communication and organizational skills. Computer skills are a must. Must be able to work flexible hours including holidays and weekends. Must work well under pressure. Current Oklahoma driver's license.

SALARY: Negotiable

Budget Analyst Legislative Branch

QUALIFICATIONS:

Prefer master's degree in accounting and/or bachelor degree in accounting and/or business administration. Must have at least 20 years of professional accounting experience that spans government, health, contractor enterprises in non-profit sectors. Must possess ethical values, have a diverse background and educational achievements. Auditing and investigative abilities as related to budgets is desirable. Knowledge of generally accepted accounting principles, government accounting standards and the standards of professional practice of budgets, internal auditing, National Indian Gaming Commission regulations and knowledge of Native American sovereignty issues preferred. Able to organize and analyze data from a variety of sources and be able to communicate both orally and in writing. Experience in word processing and data base technology. Ability to work out of home office. Ability to conduct business via Internet and telephone. Ability to travel as requested by Legislative Branch. Native American preference.

SALARY: Negotiable

Chief Executive Policy Analyst Executive Office

QUALIFICATIONS:

Must possess a bachelor's degree from an accredited school or have at least ten years experience with federal, state, or tribal government. Must have at least five years experience in supervisory skills. Must possess a valid Oklahoma driver's license and have dependable transportation. Must have the ability to maintain a wholesome and favorable rapport with the general public, tribal members, program directors/coordinators, tribal employees and vendors. Must be computer literate and have public speaking skills. Must be willing to work beyond the normal working hours. Cheyenne and Arapaho preference.

SALARY: Negotiable

A-4 District Legislative Assistant

QUALIFICATIONS:

Associate's degree or work experience equivalent to four years in federal, state or tribal government. Working knowledge of computer software programs. Ability to relate and work with general public. Must posses a valid Oklahoma driver's license. Cheyenne and Arapaho preference.

SALARY: Negotiable

Chief of Staff Executive Office

QUALIFICATIONS:

Must possess a bachelor's degree from an accredited school or have at least ten years experience with federal, state, or tribal government. Must have at least five years experience in supervisory skills. Must possess a valid Oklahoma driver's license and have dependable transportation. Must have the ability to maintain a wholesome and favorable rapport with the general public, tribal members, program directors/coordinators, tribal employees and vendors. Must be computer literate and have public speaking skills. Must be willing to work beyond the normal working hours. Cheyenne and Arapaho preference.

SALARY: Negotiable

Legislative Clerk Assistant II

QUALIFICATIONS:

Minimum high school diploma or GED certification required. One year of secretarial experience that includes demonstrated computer skills and knowledge. Possess valid Oklahoma driver's license. Willing to work on weekends and holidays as required.

SALARY: Negotiable

Gaming Commission Director

QUALIFICATIONS:

Minimum five years experience in gaming at an administrative and/or management level position. At least five years experience in dealing with the public in a professional manner. Must have strong administrative, organizational, and analytical skills. Must be familiar with Indian gaming procedures. Must have knowledge of federal rules and regulations applicable to Indian gaming. Must possess the ability to communicate effectively, verbally and in writing. Must be able to perform long range planning functions. Must be self-motivated, possess a high level of maturity with an ability to work well with others and maintain the highest level of confidentiality. Must successfully pass extensive background investigation with the F.B.I. Enrolled members of the Cheyenne and Arapaho tribes given preference.

SALARY: Negotiable

Records Management Director

QUALIFICATIONS:

Bachelor's degree in library science or related field preferred or minimum of 4 years in an administrative roll or an equivalent combination of education, training, and experience.Must have relevant work experience in tribal government and/or federal programs.Computer literate with knowledge of inventory program. Valid driver's license required. Agree to a comprehensive background investigation.Familiar with the Freedom of Information and Privacy Act Laws. Knowledge of the Cheyenne-Arapaho Tribes history, culture and government.

SALARY: Negotiable

First Responder/Emergency Medical Responder

QUALIFICATIONS:

EMR candidate must be licensed by the state of Oklahoma and the National Registry. Must be at least 21 years of age and physically capable of lifting 50 lbs. dead weight and have no prior back injuries. Must have completed EVOC course. Must have a current CPR (healthcare provider level). Must have a valid driver license, good driving record (no accidents in last two years). Must be willing to work flexible hours, including week-ends and holidays. Ability to work well with the client population within the service area. Be able to pass physical examination (no combination of diabetes and hypertension). Must have a high school diploma or G.E.D. certification. Cheyenne and Arapaho and/or Native American preference.

SALARY: Negotiable

A.A Meetings
7 p.m.-Wed.
N.A. Meetings
7 p.m.Thursdays
at the
George Hawkins
Memorial
Treatment Center
East of Clinton on
Airport Road
For more information (580) 331-2370

Thank you

I want to thank our Cheyenne and Arapaho education department, Gov. Janice Boswell, Wanda Whiteman and Kathleen Tallbear for their support and for recognizing the importance of education for our tribal members. Because of their support I recently was able to attend a workshop sponsored by the Indigenous Mapping Network hosted by the Google Corporation whose headquarters are located in Mountain View, Calif.

While attending the two-day event I was able to see what other tribes and indigenous people from around the world are working on and some of the issues that are current such as preserving our native land base and all of the natural resources for future generations.

Also during the workshop the Google members taught us how to utilize Internet tools by using maps to show relevant information. In Ecuador maps were used to show the damage of clear cutting trees and oil spills that are damaging the lands. Here in the U.S. maps were shown where wind power could be used to generate revenue for tribal nations.

My hope is that our Cheyenne and Arapaho tribes continue to move forward and see the importance of supporting our education department.

Courtesy photos

Eleanor Lefthand as she enters the Indigenous Mapping Network workshop.

The Cheyenne and Arapaho tribal offices will be closed Monday, April 5, 2010 in observance of Easter. Have a safe and happy holiday.

Notice

The Housing Authority has updated the home rehabilitation list for the stimulus grant. The deadline to have these homes obligated for repairs is fast approaching. If your name is on this list please call Teisha Tallbear before **May 15, 2010** in order for us to process the necessary paperwork for eligibility.

We need copies of CDIB's, social security cards, annual IIM statement if applicable, and paycheck stubs or any income related statement for any person that resides in the home.

We also need a copy of the deed in the homeowner's name, and applicant's signature on application. If we do not hear from you by the deadline, you will be dropped from the list.

Please call (580) 323-4877 or (580) 331-2421 if you have any questions.

Bessie Blackbear
Carol Richey
Gregory Cometsevah
Guy Hicks, Jr.
Irene Deer
Joesphine Borunda
Leona Stepp
Mabel Ogden
Mary Snodgrass
Nellie Starr
Norma Buffalomeat
Norman Sheridan
Sophia Tiger
Susan Warner
Virgil Quick

George Hawkins Memorial Treatment Center

10320 North Airport Road, Clinton, OK 73601

The Substance Abuse Program can be contacted at (580) 331-2370 or by dialing toll free (800) 247-4612 extension 32370.

CHEYENNE-ARAPAHO TRIBES
OF OKLAHOMA
FILED
IN THE TRIAL COURT OF THE
CHEYENNE AND ARAPAHO TRIBES OF OKLAHOMA
CONCHO, OKLAHOMA 73022
MAR 09 2010
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

TRIBAL CHILD SUPPORT SERVICES, EX. REL., BILLIE SUE RUSSELL NOW SUTTON, PLAINTIFF, vs. CLIFFORD BREEN RUSSELL, DEFENDANT.
CASE NO.: CIV-2008-0020
FGN: 148798001
CLIFFORD B. RUSSELL
OBLIGOR
BILLIE SUE SUTTON
CUSTODIAN

NOTICE BY PUBLICATION

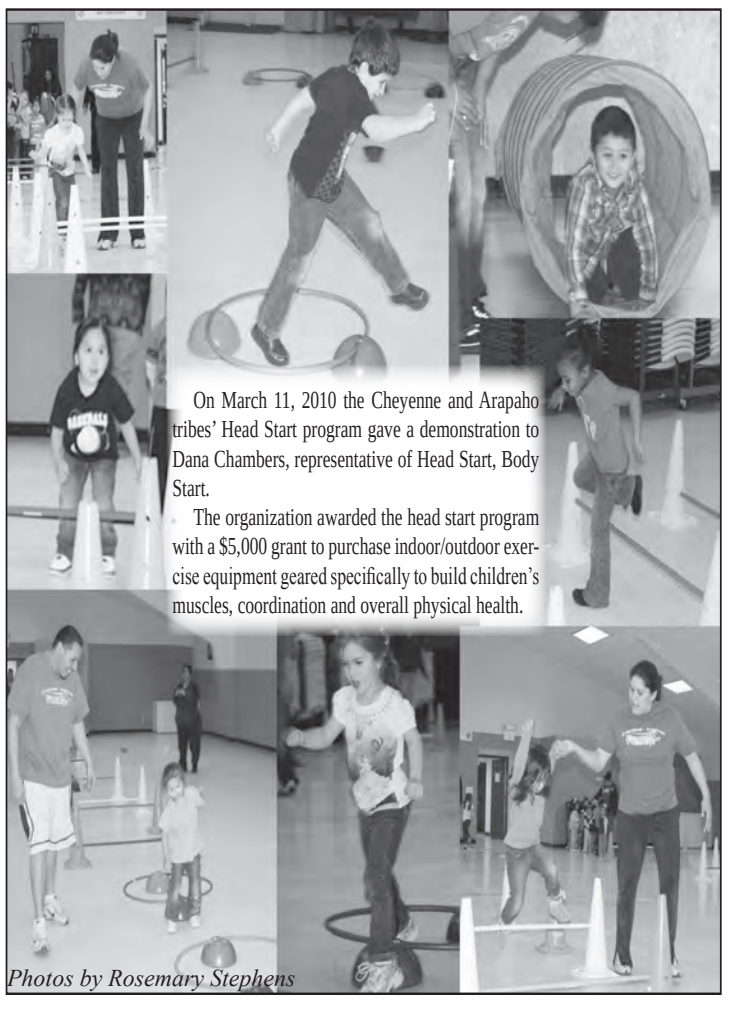
TRIAL COURT OF THE CHEYENNE AND ARAPAHO TRIBES: CLIFFORD RUSSELL

TAKE NOTICE that a Petition to Register District Court Order has been filed in the Court listed above by the Plaintiff. You must appear in the Trial Court of the Cheyenne and Arapaho Tribes, Concho, Oklahoma on the 27th day of April, 2010 at 9:00 a.m., or the Petition to Register District Court Order will be taken as unopposed and the court will grant the registration and other relief sought will be granted to the Plaintiff.

Given under my hand and seal this 9th day of March, 2010.

COURT CLERK
Trial Court of the Cheyenne and Arapaho Tribes

April S. Buck, OBA# 18921
Whitney Weingartner, OBA# 20365
P.O. Box 1809
Ada, Oklahoma 74821
(580) 436-3419
ATTORNEY FOR TRIBAL CHILD SUPPORT ENFORCEMENT



On March 11, 2010 the Cheyenne and Arapaho tribes' Head Start program gave a demonstration to Dana Chambers, representative of Head Start, Body Start.

The organization awarded the head start program with a $5,000 grant to purchase indoor/outdoor exercise equipment geared specifically to build children's muscles, coordination and overall physical health.

Photos by Rosemary Stephens

Adult co-ed bowling League

CHEYENNE & ARAPAHO R.E.Sp.E.C.T. PROGRAM TRIBES of OKLAHOMA

Will be on Wednesday nights

Begin: April 7,2010
End: May 26, 2010
The bowling league is for Cheyenne & Arapaho Adults or Native Americans who reside within the C& A service

4 players per team with 1 alternate Limited to the first 14 teams due to Number of lanes. TIME : 7pm — UNTIL

To register your team or for more Information, contact the Clinton R.E.Sp.E.C.T. office @(580) 331-2601

R.E.Sp.E.C.T. Program 6 & Under Soccer Tournament

Saturday, April 17, 2010
10:00 am
Concho Ball fields

Deadline to Enter: April 13th

For more information or to enter a team, please contact the RESpECT Program at 1.800.247.4612 Ext. 27570 or 27585.

Honored

Continued from page 1

"This was quite a surprise, but most of all it's an honor," Yellowman said. "It's certainly a gift that was given through my creator."

Yellowman thanked everyone present for the "great honor," and said he was proud to represent Oklahoma and "my Native people." He said he would certainly uphold the honor with dignity and pride. His wife, Connie Hart-Yellowman, was also present at the ceremony.

Yellowman graduated from Watonga High School in Watonga, Okla. in 1976. He began studying art in public school and sustained his lessons at Redlands Community College, Canadian Valley Vo-Tech, Oklahoma State University, Southwestern Oklahoma State University and the University of Oklahoma.

He has been an adjunct Native American Indian Art professor for the Cheyenne and Arapaho Tribal College (CATC), located at Southwestern Oklahoma State University, since 2006.

Yellowman is also a student at the University of Oklahoma and earned a spot on the Dean's Honor Roll during the spring 2008-09 semesters.

According to the Red Earth Web site, "The Red Earth Honored One recognizes a Native American master visual artist whose support of Native American art has been substantial throughout his/her life. It honors an artist who has positively influenced the Native American artistic community as a whole, and who has a continuing involvement, activity, and participation in art. The Honored One is an artist who embraces and embodies the collective wisdom of their cultural experience."

The following is a brief list of honors Yellowman has listed in his art biography.

- Third Place in Photography/Drawing and Graphics, Juried Fine Art Competition 2009 Red Earth Indian Art Festival, Oklahoma City.
- Third Place in Photography/Drawing and Graphics, Juried Fine Art Competition 2008, Red Earth Indian Art Festival, Oklahoma City.
- Featured Native American Artist, American Indian Exposition 2008, Anadarko, Okla.
- Third Place in Photography/Drawing and Graphics, Juried Fine Art Competition 2007, Red Earth Indian Art Festival, Oklahoma City.
- Illustrator/Artist 2005, "Jumping Mouse, Journey to Recovery" by Joan Candy-Fire.
- Merit Award for Painting, Juried Fine Art Competition 2004, Red Earth Indian Art Festival, Oklahoma City.
- Guest Curator, Cheyenne Visions II, Cheyenne Material Culture photograph exhibit 2004, The Denver Art Museum Denver, Colo.
- Featured Artist, 2004, 2005, 2006, 2007 and 2008 Native American Indian Art Calendar, Tribes 131 Fine Art and Gift Gallery Norman, Okla.
- Recipient 2002 Native American Cultural Heritage Award, Denver Museum of Nature and Science, Denver, Colo.
- Featured Artist in the Second annual 2002, Red Earth Master Artist show, Oklahoma City.
- First Place Award in the Miniatures Division 2001, Red Earth Indian Art Festival, Oklahoma City.
- Consultant, Cheyenne and Arapaho Ledger Art Book -Pamplin Museum, Portland, Ore.
- Curator, Cheyenne Visions I, Cheyenne Material Culture photograph exhibit 1997, The Field Museum, Chicago, Ill.
- Artist Book Jacket Designer, "Tell Me Grandmother", Dr. Virginia Sutter, University Press of Colorado.
- Member, Native American Indian Advisory Committee, Sam Noble Oklahoma Museum of Natural History, Norman, Okla.
- Member of the Smithsonian Institute's Repatriation Review Committee, National Museum of Natural History, Washington, DC.

The 24th annual Red Earth Festival will take place from June 18 to 20, 2010 in Oklahoma City.

The Red Earth Museum and Gallery is open from 10 a.m. to 5 p.m. Monday-Friday.

For more information about the festival or museum and gallery, visit the Red Earth Web site at www.redearth.org or call (405) 427-5228.

Photo by Dana Attocknie

Gordon Yellowman, Sr. stands by one of his art pieces (Sand Creek) in the new Red Earth Museum and Gallery on March 24, 2010 in Oklahoma City. Yellowman is the 2010 Red Earth Honored One.

Cheyenne & Arapaho Graduates

COLLEGE

Calling all Cheyenne and Arapaho graduates

Send your graduation photo along with your name, graduating school and degree (if applicable) to the Cheyenne and Arapaho Tribal Tribune for the 2010 graduation insert.

Email submissions to dattocknie@c-a-tribes.org and/or rmstephens@c-a-tribes.org or mail to P.O. Box 38, Concho, OK 73022.

DEADLINE FOR ALL PHOTOS IS MAY 31, 2010.

Note: If mailing, please include a S.A.S.E. to receive your photo back. Thank you

HIGH SCHOOL HEAD START

WE'VE GOT YOUR GAME!

KNOCKOUT WEEKEND II

BRET MICHAELS
Friday, April 16th
Show at 8pm

MMA CHAMPIONSHIP FIGHTS
SATURDAY, APRIL 17th
Show at 8pm

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IF I DON'T SAY IT,
WHO'S GOING TO SAY IT FOR ME?
Remaining silent will not allow our voice to be heard in the 2010 Census. The 2010 Census helps determine resources such as schools, housing, roads, and hospitals.
WE MOVE FORWARD WHEN WE PARTICIPATE | 2010CENSUS.GOV
United States Census 2010
IT'S IN OUR HANDS
PAID FOR BY U.S. CENSUS BUREAU